

From the NPC Customer Service Center

The Navy Personnel Command (NPC) Customer Service Center (CSC) fields many calls from retirees. Because of the volume of calls, *Shift Colors* will be periodically publishing some information based on the top calls they are receiving. The NPC CSC provides information and services to active, Reserve and retired Sailors and their families around the world. The CSC is prepared to answer a variety of questions on topics such as personnel policies, pay and benefits. The CSC can be reached by phone between 7 a.m. – 7 p.m. (Central) Monday – Friday at (866) U-ASK-NPC (827-5672), or 24 hours a day by e-mail at cscmailbox@navy.mil.

Survivor Benefits Plan (SBP). The Customer Service Center receives many calls asking a variety of questions about the Survivor Benefits Plan. One of the most asked questions involves stopping SBP. Generally, SBP is an irrevocable decision, but there are certain circum-

stances where you may withdraw from SBP or change your coverage. There is a one-year window between your second and third anniversary following the date you begin receiving retirement pay where you can elect to stop. You can stop if your beneficiary is no longer eligible. Certain disability ratings from the Department of Veterans Affairs can allow you to withdraw from SBP. If you're eligible for federal civilian retirement pay you can elect to withdraw from SBP. There are some special situations such as divorce and remarriage that allows you some flexibility. If you have any questions about SBP, call the Customer Service Center at 1-866-U-ASK-NPC for more information.

Combat Related Special Compensation (CRSC). This tax-free entitlement was created for certain retirees with a combat-related disability. If you are interested in finding out more or if you believe you are eligible, visit the CRSC website at www.donhq.navy.mil/corb/

crscb/crscmainpage.htm. There you will find information about eligibility, how to apply, forms, and more. If you have any questions, call the CRSC Branch at 1-877-366-2772.

myPay. With everything moving into the digital world, there have been more calls about myPay. If you need an account, visit <https://mypay.dfas.mil> and click "Forgot or Need a Password" to have a temporary password mailed to you. Once you have received a password, return to the *myPay* home page and click "Create an Account" to get started. Enter your SSN and temporary password. If you see the following message in red: "The combination you entered is incorrect. You have already created a LOGIN ID and should not be using your SSN to log in. Please try again" this means you already have a login ID. By now you've probably forgotten it, so you'll need to go back

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New kind of emergency room may not be TRICARE authorized

From TRICARE

TRICARE beneficiaries may have noticed new kinds of "Emergency Centers" popping up in their area. It may seem like a tempting health care option but, free-standing emergency rooms (ER) that are not affiliated with a hospital may not be TRICARE-authorized. If a provider, such as a free-standing ER, is not authorized then TRICARE is prohibited from paying it "facility fees." That can leave a beneficiary stuck with a big bill.

Beneficiaries need to "know before you go." Check a free-standing ER's TRICARE status – before care is needed.

TRICARE defines an emergency department as an organized, hospital-based facility available 24 hours a day providing emergency services to patients who need immedi-

ate medical attention. Emergency departments affiliated with a hospital are most likely TRICARE-authorized providers. Beneficiaries who seek care at a free-standing ER need to ask if the facility is affiliated with a hospital-based emergency department. If it isn't, the beneficiary will need to make a decision about getting care elsewhere or being responsible for the facility charges.

Beneficiaries can check if a provider is TRICARE-authorized by calling their regional contractor. Contact information for regional contractors is available at www.tricare.mil/contactus. All TRICARE network providers are also searchable at www.tricare.mil/findaprovider. Learn more about emergency care under TRICARE at www.tricare.mil/emergency.

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Shift Colors

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Shift Colors, the newsletter for Navy Retirees (NAVPERS 15886), is published in accordance with Department of the Navy Publication and Printing Regulations. The Secretary of the Navy has determined that this publication is necessary in the transaction of business required by law of the Department of the Navy.

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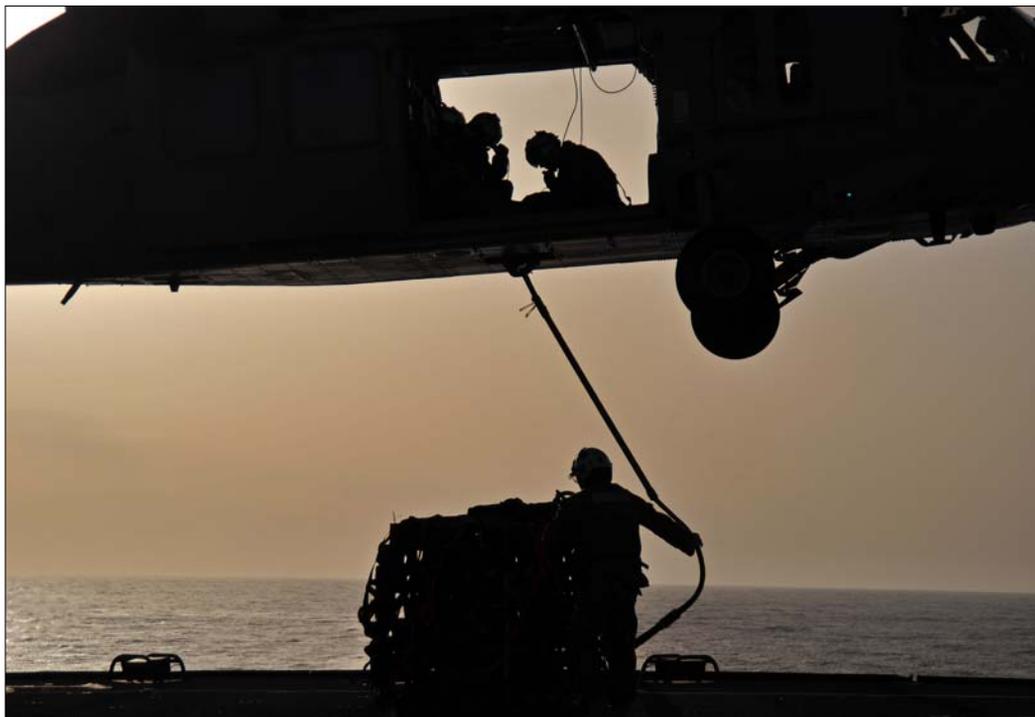


Photo by Mass Communication Specialist 1st Class Collin Turner

Replenishment...

Aircrew personnel assigned to Helicopter Sea Combat Squadron (HSC) 28 practice vertical replenishment while underway aboard the amphibious command ship USS Mount Whitney (LCC 20). Mount Whitney, homeported in Gaeta, Italy, is the U.S. 6th Fleet flagship and operates with a combined crew of U.S. Sailors and MSC civil service mariners. The civil service mariners perform navigation, deck, engineering and supply service operations, while military personnel aboard support communications, weapons systems and security.

DOD, VA move ahead with seamless medical record effort

By Jim Garamone

American Forces Press Service

The Defense and Veterans Affairs departments should be able to create a seamless health records system by the end of the year, Undersecretary of Defense Frank Kendall told reporters today.

The undersecretary for acquisition, technology and logistics led a review of the health care records system.

The idea is to create a system in which health care records can move from DOD to VA or other health care providers. The two departments are building on President Barack Obama's national standards for health care records. "This will enable records to move more easily between DOD and the VA," Kendall said during a Pentagon news conference.

DOD has been sending electronic medical records to VA for years, the undersecretary noted. Those "read only" records are used by VA to determine eligibility for benefits and disability. But records are also necessary

for medical care, he said.

"It's there that we're really trying to improve -- the records used by doctors and clinicians," he added. "The first step in that is to get in compliance with the standard data format so it can move in a seamless way. We expect to have integrated, seamless records with the VA by the end of this year."

A separate effort is to modernize the systems used within the Defense Department and VA to provide health care.

"There's no requirement that we use the same software to do that," Kendall said. VA officials elected to modernize using the department's existing Vista system.

"It was a reasonable decision for VA," Kendall said. "They had a solid base in Vista, had a lot of people trained in it, had the programming in-house, and their physicians were familiar with it."

Veterans Affairs will continue to build for the future on the Vista system, and DOD may use Vista or it may use an-

other software altogether, Kendall said.

"The question is how to provide the best value for our people and the best possible health care for our people," he said. "The conclusion after the review is the best possible approach taps into the commercial market and brings commercial systems in as candidates, along with Vista-based systems as well."

DOD reached out to industry and received 20 proposals, including three based on Vista. "We think we have a rich field to pick from, and we can make a best value determination for DOD," the undersecretary said.

Kendall said the next task moving forward is going to be understanding of what's affordable, given the budget stream.

"Modernization is probably going to take place ... in an incremental fashion," he said.

The bottom line for service members is that they will have a single integrat-

———— See RECORDS Page 12

Navy seeks videos, photos from those who've served

From Chief of Naval Information Community Outreach

We're launching a "What I Learned In The Navy" initiative to tell the stories of former Sailors regarding their Navy experiences, and we want to hear from you!

We're posting 2-3 minute interview clips on our Navy social media sites based upon the following questions: What skills did you develop or hone during your time in service? What experiences did you have in the Navy that helped shaped the person you are today? How did your skills and service help contribute to your post-Navy success?

Below are clips from former Sailors such as Bill Cosby, WWII veterans, successful entrepreneurs, and educators. Ultimately, we will have dedicated sections on our social media websites where people interested in learning about the Navy can access testimonials from former Sailors of every age, background, and experience.

Here are some links to current videos:

Bob Ravener, Exec. Vice President, Dollar General: www.youtube.com/watch?v=nMMW2dh7PW0

Mayor of Phoenix Terry Goddard: www.youtube.com/watch?v=yRitAec8Tfc

Thomas Mastroianni, Citi Manager: <http://youtu.be/Em3C-M48q0qk>

All stories: www.youtube.com/playlist?list=PLDQ1SztOjkOmL_bSS2SRTS-8f6ciaIkOv

If you're interested in participating, send us a high-quality video giving us a two-three minute response on your Navy experience and the skills you learned while serving. We would also love photos of you from your time in service so that we can incorporate it into the video. Please send your photos electronically, along with any questions to Lt. Katie Cerezo (katharine.cerezo@navy.mil, 703-692-4730).

We look forward to hearing from you!

Need an ID Card? Reduce your wait time; schedule an appointment online at: <https://rapids-appointments.dmdc.osd.mil>

VA initiative to reduce claims backlog

From Department of Veterans Affairs

The Department of Veterans Affairs (VA), Disabled American Veterans (DAV), and The American Legion announced a new partnership to help reduce the compensation claims backlog for Veterans. The effort – the Fully Developed Claims (FDC) Community of Practice – is a key part of VA’s overall transformation [plan](#) to end the backlog in 2015 and process claims within 125 days at 98 percent accuracy. VA can process FDCs in half the time it takes for a traditionally filed claim.

“VA prides itself on our ongoing partnership with organizations that represent Veterans throughout the claims process,” said Undersecretary for Benefits Allison A. Hickey. “A Fully Developed Claim is the most effective way to ensure a veteran’s claim never reaches the backlog – and is the basis for this new initiative between VA and what we expect will be an ever-increasing number of Veterans Service Organizations (VSOs) and others who represent Veterans at various points of the claims process.”

“This new initiative takes a common-sense approach to working smarter to better serve our injured and ill veterans,” said [DAV](#) Washington Headquarters Executive Director Barry Jesinoski “DAV is pleased to be working with the VA to help improve the disability compensation system.”

“We have been working with VA since last December on its fully developed claims process,” said James E. Koutz, national commander of [The American Legion](#). “Teams of

our experts have already gone to VA regional offices in Denver, Pittsburgh, Baltimore and other cities to help identify best practices for FDCs, and to further train our own service officers.” Koutz said the Legion’s next visit in support of the FDC program is planned for June at the VA regional office in Reno, Nev.

Claims are considered to be “fully developed” when veterans submit all available supporting evidence, like private treatment records and notice of federal treatment records, to VA at the time they first file a formal claim and certify they have no more evidence to submit. This is the information that VA needs to make a determination on a disability claim. The FDC program supports the sharing of best practices across Veterans Service Organizations, who help thousands of veterans each year with their compensation claims, to identify up front all evidence necessary to support a veteran’s claim. Veterans then certify that they have no additional evidence to submit, and VA can process the claim in half the time it takes for a traditionally filed claim.

VSOs have long played an integral role in submitting veterans claims - often with representatives working within VA regional offices. VA has consulted with them throughout the development and implementation of VA’s plan to end the backlog in 2015 to ensure best practices and their unique insights were incorporated. The American Legion and DAV are the first to step forward to work with VA on the FDC

————— See **BACKLOG REDUCTION** Page 12

VA to expedite some claims decisions

From Department of Veterans Affairs

The Department of Veterans Affairs (VA) announced it is implementing an initiative to expedite compensation claims decisions for veterans who have waited one year or longer. As of April 19, VA claims raters will make provisional decisions on the oldest claims in inventory, which will allow veterans to begin collecting compensation benefits more quickly, if eligible. Veterans will be able to submit additional evidence for consideration a year after the provisional rating, before VA issues a final decision.

“Too many veterans wait too long for a decision, and this has never been acceptable,” said VA Secretary Eric Shinseki. “That is why we are imple-

menting an aggressive plan to eliminate the backlog in 2015.”

Provisional decisions will be based on all evidence provided to date.

If an increase is determined to be warranted based on the additional evidence received, benefits will be retroactive to the date the claim was initially filed. The initiative protects the veteran’s right to appeal the decision. If no further evidence is received within that year, VBA will inform the veteran that their rating is final and provide information on the standard appeals process, which can be found at <http://www.bva.va.gov/>

Throughout this initiative, VA will continue to prioritize claims for homeless veterans and those claiming finan-

cial hardship, the terminally ill, former Prisoners of War, Medal of Honor recipients, and veterans filing fully developed claims. More information about filing Fully Developed Claims is available at: <http://www.benefits.va.gov/transformation/fastclaims/>

While compensation claims are pending, eligible Veterans are able to receive healthcare and other benefits from VA. Veterans who have served in recent conflicts are eligible for five years of free healthcare from VA.

Veterans can learn more about disability benefits on the joint Department of Defense – VA web portal *eBenefits* at: <https://www.ebenefits.va.gov/ebenefits-portal/ebenefits.portal>

Grants available to help end veteran homelessness

From Department of Veterans Affairs

The Department of Veterans Affairs (VA) has announced two new grants to support Secretary Eric K. Shinseki's goal of ending Veterans' homelessness in 2015. Under these new programs, homeless providers can apply for funding to enhance the facilities used to serve homeless Veterans, and acquire vans to facilitate transportation of this population.

"Those who have served this Nation as veterans should never find themselves on the streets, living without care and without hope," said Secretary Shinseki. "Homeless prevention grants provide community partners with the opportunity to help prevent and end homelessness on the local level. This is a crucial tool to get at-risk veterans and their families on the road to stable, secure lives."

Approximately \$22 million in rehabilitation funds will be available to current operational Grant and Per Diem grantees as part of the effort to increase the useful life of the facilities previously funded under the program. VA expects current Grant

and Per Diem grantees will apply for funding to rehabilitate their current project location and enhance the safety, security and privacy issues associated with the homeless veteran populations they serve. A maximum of \$250,000 is available per award and the award will not be more than 65 percent of the estimated total cost of the rehabilitation activity. VA has established funding priorities to support its oldest capitolly funded projects.

In addition, approximately \$2 million in funds will be available for current operational Grant and Per Diem grantees to assist in the acquisition of vans in order to facilitate transportation of veteran participants to medical appointments, employment opportunities in the community, and facilitate grantees' outreach activities. The maximum award for a van will be \$35,000. The amount of the award will not exceed 65 percent of the total cost of the van.

Applications for both awards are due to the Grant and Per Diem office by no later than 4 p.m. Eastern time on June 28, 2013.

This funding is available under VA's Homeless Providers Grant and Per

Diem Program for current operational Grant and Per Diem grantees. The Grant and Per Diem Program provides community-based organizations with funding to develop and operate transitional housing and supportive services for homeless veterans. The Grant and Per Diem Program has over 15,000 operational transitional housing beds nationwide.

The 2012 Annual Homeless Assessment Report (AHAR) to Congress, prepared by The Department of Housing and Urban Development, estimated there were 62,619 homeless veterans on a single night in January 2012 in the United States, a 7.2 percent decline since 2011 and a 17.2 percent decline since 2009. The AHAR reports on the extent and nature of homelessness in America. Included in the report is the annual Point-in-Time (PIT) count, which measures the number of homeless persons in the U.S. on a single night in January 2012, including the number of homeless veterans.

Additional information is available at www.va.gov/HOMELESS/GPD.asp or contact the Grant and Per Diem National Program Office at 877-332-0334.

Agencies partner to expand access to mental health services

From Department of Veterans Affairs

The Departments of Veterans Affairs (VA), Defense (DoD) and Health and Human Services (HHS) announced the progress made to date on initiatives called for in President Obama's August 31, 2012, [Executive Order](#) to Improve Access to Mental Health Services for veterans, service members, and their families.

"We have made strong progress to expand veterans' access to quality mental health services, and President Obama has challenged us to do even more," said Secretary of Veterans Affairs Eric K. Shinseki.

President Obama's Executive Order directed VA, DoD, and HHS, in coordination with other federal agencies, to take a number of steps to ensure that veterans, service members, and their families receive the mental health services and support they need.

Today, the Departments released an interim report, found [here](#), outlining progress on this initiative, including:

- Increasing the capacity of the Veterans Crisis Line by 50 percent to help ensure that veterans in crisis can readily reach help.
- Establishing 15 pilot projects in seven states where VA is working with community-based mental health providers to help veterans access mental health services in a timely way.
- Increasing VA mental health services capacity through VA hiring of nearly 1,400 mental health providers and 248 new peer specialists.
- Implementing a national suicide prevention campaign to connect veterans and service members to mental health services.

The Departments are actively working on additional deliverables called for in the Executive Order, including the development of a National Research Action Plan.

Working together, the Departments will continue to expand the public health approach.

Commissaries plan for Monday furloughs

By Kevin L. Robinson
Defense Commissary Agency

When furloughs are implemented, most military commissaries will close one day a week on Mondays, the Defense Commissary Agency's (DeCA) top official said. The closures will be for up to 11 days between July 8 and Sept. 30.

"We determined that Monday closures would present the least pain for our patrons, employees and industry partners," said Joseph H. Jeu, DeCA's director and CEO.

Closing commissaries on Mondays would be in addition to any day stores are routinely closed. The 148 stores that routinely close on Mondays would also close the next normal day of operation. Other than the furlough day, there are no other changes planned for store operation hours.

The announcement comes as DeCA follows Department of Defense protocols related to the automatic federal

government budget reductions, known as sequestration, which began March 1. Like most DOD activities, DeCA is mandated by DOD to furlough its civil service employees.

DeCA has 247 commissaries with more than 16,000 employees in 13 countries and two U.S. territories. Furloughs will impact all of DeCA's more than 14,000 U.S. civilian employees.

As sequestration continues, commissary customers can quickly find out about any changes to their local store's operating schedule by going to www.commissaries.com, clicking on the "Locations" tab, then "Alphabetical Listing," finding their store and clicking on "local store information."

Patrons are reminded that because sequestration is so fluid, DeCA's plan for this budget-cutting measure is subject to change.

DeCA decided on Monday closures after weighing the potential disruption to patrons and suppliers of hav-

ing rolling furloughs, where closure dates would differ from store to store. Universal Monday closures are less disruptive to shoppers and the agency's industry partners -- vendors, suppliers and distributors -- who deliver products daily to DeCA's commissaries.

Store staffs overseas include a mix of U.S. and local national employees. Because they are not U.S. government employees, local national employees are not subject to this furlough actions. Select locations overseas will open if they have an adequate local national staff. However, if an overseas store is closed, its local national staff will report to work and perform other store-related duties.

"We are in this together," Jeu said, "and though limited in our ability by circumstances we cannot control, I assure you we will do all we can to mitigate the impact of sequestration on our patrons, employees and industry partners, and on our mission."

Director details furlough plans for DOD schools

By Karen Parrish
American Forces Press Service

Students, teachers and parents of the Defense Department's schools can be confident that the school year will start on time, the Department of Defense Education Activity's (DODEA) director said.

DODEA operates schools overseas and at some U.S. locations for the children of military families.

In an interview at the school system's headquarters at the Mark Center, Marilee Fitzgerald told the Pentagon Channel and American Forces Press Service that while her workforce will be affected by the coming furloughs, leaders are working together to ensure the least possible impact on students.

"We'll take a five-day instructional loss," Fitzgerald explained. "Fortunately, this is occurring in the DOD schools, where there is probably no group of teachers who are better prepared for this kind of challenge."

Fitzgerald explained that like other DOD employees, 12-month DODEA employees -- including headquarters workers, principals and others -- will be scheduled for up to 11 furlough days to begin no earlier than July 8. Nine-month DODEA employees, including teachers and some staff

members, will be scheduled for up to five furlough days beginning in September, she added.

DODEA schools will be open, but will not conduct regular classes on furlough days, she said. Many school employees, including host-nation employees in overseas schools, are exempt from furlough.

"We can still do extracurricular activities [on furlough days], but those activities must occur after the school day," she said. The director added that furlough days will not be scheduled on standardized testing days, and will most often happen on a Monday or Friday.

The teachers will focus on making the best possible use of the classroom time they do have, and will give students extra reading assignments and homework to help them make up the loss of classroom time, she added.

Principals are now working to schedule the precise furlough schedules their schools will observe, Fitzgerald said. Also parents should contact their local school offices and websites for more information.

"I can say this to all of our parents: the school calendar shows a report date, an opening of school, and that won't change," she said.

DOD counters Internet posts on religion issue

By Jim Garamone
American Forces Press Service

Internet posts making the rounds claiming that the Defense Department will court-martial service members who espouse Christianity are not true, a Pentagon spokesman said today.

“The Department of Defense places a high value on the rights of members of the military services to observe the tenets of their respective religions and respects, [and supports by its policy] the rights of others to their own religious beliefs, including the right to hold no beliefs,” Navy Lt. Cmdr. Nate Christensen said in a written statement on the issue.

“The department does not endorse any one religion or religious organization, and provides free access of religion for all members of the military services,” he added.

Internet posts are attributing a statement that superior officers who try to convert those under their command should face court-martial to Mikey Weinstein, president of the Albuquerque, N.M.-based Military Religious Freedom Foundation, and are identifying him as a Pentagon advisor, Christensen noted.

“Mr. Weinstein is not part of any DOD advisory group or committee, nor is he a consultant to the Defense Department regarding religious matters,” Christensen said. “Mr. Weinstein requested, and was granted, a meeting at the Pentagon April 23, with the Air Force judge advocate general and others, to include the deputy chief of chaplains, to express his concerns of religious issues in the military.”

Some bloggers have taken sections of Air Force Instruc-

tion 1-1 “Air Force Standards” – specifically, the section titled “Government Neutrality Regarding Religion” – out of context in supporting their take, Christensen said.

“Leaders at all levels must balance constitutional protections for an individual’s free exercise of religion or other personal beliefs and the constitutional prohibition against governmental establishment of religion,” the instruction states.

Air Force leaders at all levels “must avoid the actual or apparent use of their position to promote their personal religious beliefs to their subordinates or to extend preferential treatment for any religion. Commanders or supervisors who engage in such behavior may cause members to doubt their impartiality and objectivity. The potential result is a degradation of the unit’s morale, good order, and discipline,” the instruction goes on to say.

The instruction further says all airmen “are able to choose to practice their particular religion, or subscribe to no religious belief at all.” It tells airmen to practice their own beliefs while respecting differing viewpoints.

The right to practice religious beliefs does not excuse airmen from complying with directives, instructions and lawful orders, the instruction says.

It adds that airmen “must ensure that in exercising their right of religious free expression, they do not degrade morale, good order, and discipline in the Air Force or degrade the trust and confidence that the public has in the United States Air Force.”

TV announcements illustrate signs of suicide risk

By Terri Moon Cronk
American Forces Press Service

Officials at the Defense and Veterans Affairs departments have produced three public service announcements to help families and friends recognize the signs of potential suicide in veterans and service members.

The television announcements have aired since April on the Pentagon Channel and American Forces Network, and are 15, 30 and 60 seconds in length, officials said.

“A veteran or service member returning from a deployment, [whether] at home or abroad, is subject to a certain amount of distress,” said Jacqueline Garrick, director of the Defense Suicide Prevention Office. “Regardless of

where they served, there still are challenges when they return home, and we want to encourage them to seek help.”

And the two departments want to avert suicide by making sure families, friends and communities that surround veterans and service members are aware of the signs and symptoms of suicide, to get those at risk into treatment right away, Garrick said.

Garrick said seeking early treatment before the symptoms worsen is vital. Veterans and service members who stall treatment might do so for many reasons, such as fear of losing their jobs, “but they [should] see it as a way to save their careers,” she added.

For veterans and service members, Garrick said that help is available

around the clock at <http://www.suicide-outreach.org> and through the Military Crisis Line at 1-800-273-8255, which offer confidential chats and texting capabilities.

The website offers a wealth of resources, including the announcements, videos and a variety of information on how to seek help for service members, friends and families, Garrick said.

Garrick noted that in addition to the need for family members to help distressed service members and veterans, the family members themselves can be distressed, and should take advantage of the resources.

“By doing [the TV announcements], we’re expanding our message to outside the service members,” she added.

DFAS answers Sequestration questions

From Defense Finance and Accounting Service **Will DFAS employees be furloughed?**

Yes; the only exemptions from furlough in DFAS are those deployed in theater, our non-appropriated employees and our foreign national employees. DFAS employees might take up to one day of furlough each week.

Do you expect delays in payment or speed of answer in call centers?

We will make every effort to pay our people and our vendors on time. Given this reduction of productive hours under furlough, we are prioritizing workload to ensure payrolls continue uninterrupted, but there may be delays in our ven-

dor and travel payments. There may also be an increase in customer wait times in our call centers.

Will military retirees or their family members be paid as usual if DFAS employees are furloughed?

Yes. All payroll activity will continue uninterrupted. There is the potential that pay to vendors and travelers could be delayed under a furlough in some cases, but DFAS leadership is working to make sure all vital activities continue in their normal time frames to the maximum extent possible. You will be paid your regular pay; CRDP and CRSC will be on time, and your normal allotments will continue.

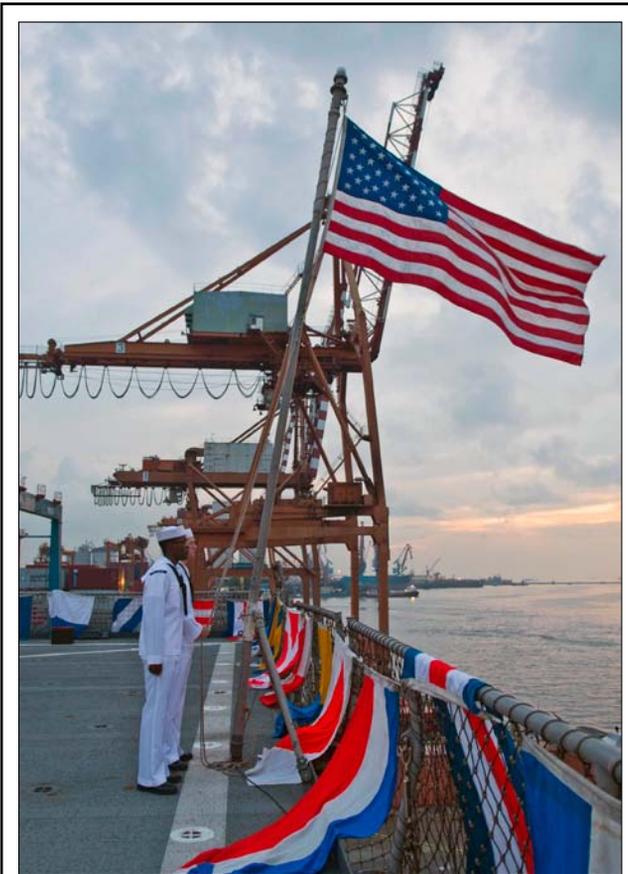


Photo by Mass Communication Specialist 3rd Class Amanda S.

Kitchner

Evening Colors ...

Sailors aboard the forward-deployed amphibious dock landing ship USS Tortuga (LSD 46) stand by for evening colors. Tortuga is participating in Cooperation Afloat Readiness and Training (CARAT) 2013. CARAT is a series of bilateral military exercises between the U.S. Navy and the armed forces of Bangladesh, Brunei, Cambodia, Indonesia, Malaysia, the Philippines, Singapore, Thailand and Timor Leste.

Making direct deposit changes

From Defense Finance and Accounting Service

If you've switched bank accounts and need to have your pay deposited to your new account, you can make the change online or by mail. Either way, please follow these two tips to avoid disruptions in pay:

Only close your old bank account AFTER you have received one monthly payment to your NEW account. Please allow 30 – 45 days for the change to take affect across all our systems.

The quickest and easiest way to change your direct deposit bank account is [myPay](#), the official online account management system for military members and retirees.

Login at <https://mypay.dfas.mil> and click "Direct Deposit" on the Main Menu.

If you can't use myPay, send your new bank account information to:

Retirees:

Defense Finance & Accounting Service
US Military Annuity Pay
P.O Box 7130
London, KY 40742-7130

Annuitants:

Defense Finance & Accounting Service
US Military Annuity Pay
P.O Box 7131
London, KY 40742-7131

Change to SBP annuity accounts

All Annuity applications now require the submission of a photocopy of the annuitant's Social Security Card. If the annuitant does not submit a photocopy of the Social Security card with the application, the annuity will be established and the annuitant will have 90 days to submit the photocopy. If it is not received in 90 days, the account will be suspended and no further payments will be made until a photocopy of the card is received.

When to update your account with DFAS

From Defense Finance and Accounting Service

DFAS recommends reviewing your retired pay account at least once a year to make sure your information is up to date. It might be useful to review a copy of your annual Retiree Account Statement (RAS) each December. You might even consider printing a copy of your most recent [monthly eRAS](#) from [myPay](#) every few months. Below are a few examples of situations in which you might need to update your account information.

If you've switched banks or opened a new account

Your banking information is perhaps the most important thing to keep updated. We rely on you to tell us where to send your payments. The sooner you [update your direct deposit](#), the

less likely your payment will go to the wrong place.

Please make sure that your payments are going to your new account before you close out your old account. It can take up to 30 days to process a direct deposit change request. Closing out your old account before we've updated your bank information can result in missing and returned payments.

If you move to a new home or relocate temporarily

You need to update your mailing address whenever it changes. Even if you are only going somewhere warmer for the winter, you should let us know. We're always mailing letters, account statements, and other important information you won't want to miss.

If you've married, divorced or added to your family

Changes in the size of your family can affect several aspects of your retired pay account. You should first [update your Arrears of Pay Beneficiary](#), the person who receives your final payment when you die.

We also suggest reviewing your [Federal and State Income Tax Withholding](#) with a tax professional. We cannot help you choose a withholding amount or offer tax advice.

Other things to consider

Take some time to look at your allotments every so often. You might find that you want to [start, stop or change the deduction](#) amount on one of them. Also, take note of any allotments going to insurance companies, particularly when moving. If you forgot to give out your new address, they may continue to send mail to your old address.

DFAS online helpful tools you can use

DFAS Website

When you have a question about retired or annuity pay, or just want to learn a little bit more about your pay, you can visit the [Retired Military and Annuitant section](#) on [www.dfas.mil](#). We're always working to update it with new content and breaking news so that you can stay informed and educated.

Check out some of our most popular how-to web pages:

Forms Page: You can find printable copies of all of the forms you need, and electronic versions of some of those forms that you can submit online rather than by mail!

Change of Address: Provides step-by-step instructions to notify us of a change in your mailing address. Keeping your mailing address current ensures you will continue to get important information we mail throughout the year, including your tax statements and notifications about changes to your pay.

Direct Deposit: A how-to for updating your bank account information. Direct deposit is the most efficient, timely and secure way to receive your pay. Sign up for direct deposit to eliminate the possibility of a lost or stolen check, reduce the opportunity for identity theft, and get paid quicker.

Getting a 1099R: Instructions for requesting a copy of your 1099R.

Federal Income Tax Withholding (FITW) Adjustments: If you ever need to change your FITW amount, you can visit this page to find out how.

Updating Your Arrears of Pay Beneficiary: If you don't have an [Arrears of Pay](#) (AOP) beneficiary on file, or you need to update that information, this page is for you. Your AOP Beneficiary is the person who will receive your final pro-rated paycheck in the event of your passing.

Social Media

Facebook: If you have a Facebook account, "Like" the DFAS Facebook page and follow our posts. If you have a question about retired pay, leave a comment on one of our posts and we'll respond directly to you!

YouTube: Visit our YouTube channel to view our "Ins and Outs of Retired Pay" series. It includes several videos with tips on how to keep your account current, and we'll be adding more soon!

myPay

The most convenient way to manage your account is through [myPay](#), our online account management system. [myPay](#) provides faster service, security, accessibility and reliability to DFAS customers worldwide. For more about using [myPay](#) to manage your retired pay, visit the [Using myPay page](#).

Service area reductions impact few Prime enrollees

From TRICARE

TRICARE Prime will remain a health care option for 97 percent of approximately 5 million beneficiaries eligible for Prime. The 3 percent difference, comprising about 171,000 beneficiaries, will automatically revert to the TRICARE Standard health care option on Oct. 1. Those beneficiaries, who mostly reside more than 40 miles from a military clinic or hospital recently received a letter explaining their options and will receive a reminder letter in June or July.

“The first thing TRICARE beneficiaries should know about the reduction in the number of Prime Service Areas (PSAs) is that it doesn’t mean they’re losing their TRICARE benefit,” said Jonathan Woodson, assistant secretary of defense for Health Affairs. “Next, it’s important to remember this change does not affect most of the more than 5 million people using TRICARE Prime, and none of our active duty members and their families.”

TRICARE is committed to keeping beneficiaries informed about these changes. As a follow-up to the initial

notification, a second letter will be mailed in early summer to make sure all affected beneficiaries have the time and information to make important decisions about their health care options.

The TRICARE website, www.tricare.mil/PSA, has the most current details and gives beneficiaries the option to sign for e-mail updates. A ZIP code tool is available on the site to help beneficiaries determine if they live in an affected PSA.

As always, TRICARE beneficiaries are still covered by TRICARE Standard. For those living within 100 miles of a remaining PSA, re-enrolling in Prime may be an option depending on availability. To do this, beneficiaries must waive their drive-time standards and, possibly, travel long distances for primary and specialty care.

“I urge all impacted beneficiaries to carefully consider their health care options – they should talk them over with family members and their current health care provider,” said Dr. Woodson. “Many beneficiaries may be able to continue with their current provider using the Standard benefit. Being close

to your health care team usually offers the best and safest access to care.”

In TRICARE Prime those enrolled are assigned a primary care provider who manages their health care. Retirees pay an annual enrollment fee and have low out of pocket costs under this plan. TRICARE Standard is an open-choice option with no monthly premiums and no need for referrals, but there are cost shares and an annual deductible.

The Department of Defense first planned to reduce the number of PSAs in 2007 when it requested bids for the third generation of regional health care support contracts. The PSAs being eliminated are not close to existing military treatment facilities or Base Realignment and Closure sites. Prolonged protests resulted in a staggered transition and it was decided to keep all PSAs in place until all three contracts were in place. On April 1, 2013, the West region completed its transition.

By eliminating select PSAs, TRICARE and DoD can better control costs while continuing to deliver a high quality health care benefit to all 9.6 million TRICARE beneficiaries.

Make sure there are no health care hiccups, update DEERS

From TRICARE

As summer approaches many service members and their families are gearing up for permanent change of station moves, and retirees may be heading north after spending the winter in warmer climes. An important part of any move for TRICARE beneficiaries – active, reserve and retired – is updating their Defense Enrollment Eligibility Reporting System (DEERS) information to make sure their health care follows them to their new address.

This means making sure that all personal information – phone numbers, postal and email addresses – is up to date. Also, just like when moving, sponsors who experience any of the following life events must update their DEERS records as soon as possible:

- Activation
 - Deactivation
 - Separation or retirement
 - Becoming Medicare eligible
- Making changes to DEERS information is easy and can be

done online at milConnect (www.dmdc.osd.mil/milconnect), by fax or mail, or in person at the nearest uniformed services identification card office. For more information on how to update DEERS information, go to www.tricare.mil/DEERS.

Other life events that affect DEERS eligibility and require an update to beneficiary information are:

- Marriage or divorce
- Birth or adoption of a child
- Medicare eligibility or loss of eligibility
- Change in a student’s enrollment status
- Survivors whose sponsors have died are responsible for making DEERS updates.

Many DEERS updates require supporting documentation: marriage licenses, birth or death certificates, Medicare cards or DD-214 discharge forms. Be sure to bring copies of all paperwork that might be needed when updating DEERS information. For questions about TRICARE eligibility, please visit www.tricare.mil/DEERS.

Summer fun means sun and vacation safety

From TRICARE

For many, Memorial Day Weekend marks the official start of summer. There are backyard barbecues, road trips to the beach or just lazy days under the hazy summer sun. Summer is a time to unwind and enjoy mild temperatures and great weather, as long as vacationers are mindful of the dangers of summer sun.

Sun burns, heat exhaustion and heat stroke can bring a quick end to any vacation or day at the beach. It is important to know the symptoms of sun-related illnesses and also to know where to go for help.

Depending on the shade of the skin, sun burns can be pink to bright red or darker brown. The severity of the burn will determine whether medical care is necessary. First degree burns, while painful, are the easiest to treat and do not necessarily require medical attention. Anyone with sunburn should seek shade, get some water and apply a first-aid lotion to the burn to relieve the pain.

Second degree burns will produce liquid filled blisters. By sending fluid to the skin, the body is trying to cool itself and stop the burning. It is important not to open or break these blisters because opening the wound could lead to infection. Call 911 or another emergency number to get help. If you can, apply a cool mist to the skin. Don't wrap the burned area or allow clothing to touch the blisters because the cloth

will stick to the skin and pull it off.

Third degree burns are serious and can result in death. Someone with third degree sunburn is likely unconscious, so call 911 immediately. Bring shade to them – don't try to move them - and keep their airway open so they can breathe.

Sunburn could be a sign for the onset of a more serious condition like heat exhaustion or heat stroke. Look for other symptoms like profuse sweating, muscle cramps, weakness or dizziness and nausea and vomiting.

If medical care is necessary, it is important to always know where to get help, especially while traveling. TRICARE beneficiaries are covered while traveling on business or vacation, but it is vital to know what you need to do to get help.

Emergency care is covered for all TRICARE beneficiaries. Beneficiaries enrolled in TRICARE Prime, TRICARE Prime Remote, TRICARE Prime Overseas, TRICARE Prime Remote Overseas or the TRICARE Young Adult-Prime Option must contact their primary care manager within 24 hours or the next business day after receiving emergency care. People using TRICARE Standard and Extra will save money if they use a network provider. For more information on how to get care when traveling, please visit www.tricare.mil/Getting-Care/Traveling.aspx.

TRICARE offers new prescription coverage to help kick tobacco

From TRICARE

TRICARE beneficiaries living in the United States now have a new weapon in their fight to kick the tobacco habit. Tobacco cessation medications are now covered through the TRICARE Pharmacy Home Delivery program. The medications are available to beneficiaries with a prescription who are 18 years or older, but not eligible for Medicare.

Though a limited number of cessation medications have previously been available in military hospitals and clinics, beneficiaries trying to kick the habit can now get a wide range of gums, pills, lozenges, patches or nasal sprays delivered free through safe, convenient TRICARE Pharmacy Home Delivery. For more on using home delivery go to www.tricare.mil/homedelivery.

Those same medications should also be available soon, also at no cost,

through most military clinics and hospitals. As always, patients with a prescription should check ahead for availability of medications and to see if their military facility requires participation in a cessation program or class.

"This is an important step in moving from health care to health through a comprehensive TRICARE tobacco cessation program," said Dr. Jonathan Woodson, Assistant Secretary of Defense for Health Affairs and director of TRICARE Management Activity.

TRICARE already offers face-to-face counseling benefits and live "coaching" assistance through toll free numbers in all three U.S. TRICARE Regions. An award-winning DoD quit tobacco web site at www.Ucanquit2.org offers a multitude of quit resources including a 24/7 live chat feature. The site is also available to military veterans through collaboration with the Department of

Veterans Affairs.

A Code of Federal Regulations final rule, effective March 29 authorizes TRICARE to implement a more comprehensive program that includes the smoking cessation medications as well as quit tobacco counseling via a toll free phone line. The quit line will take time to put in place, but the prescription medications are now available through TRICARE Pharmacy Home Delivery for eligible beneficiaries living in the U.S.

There is an annual limit of two quit attempts under the new program. A third quit attempt may be covered per year with physician justification and preauthorization. For more on covered medications and the TRICARE cessation program go to www.tricare.mil/quit tobacco. For more on Operation Live Well go to www.militaryonesource.mil/olw.

BACKLOG REDUCTION from Page 4

program, and that program has led to a much more efficient process. Meaningful progress will be felt by increasing numbers of veterans as more VSOs participate with VA in the FDC program. This initiative is just the latest example of the collaboration between VA and VSOs. In July, VA held a workshop to obtain the views of VSO representatives and to provide them with information on the effort to eliminate the claims backlog. The main focus of the workshop was VA's emphasis on the shared goal of better serving veterans and positive impact of filing Fully Developed Claims. These workshops will be replicated in VBA regional offices across the country.

"VA will continue to work with our VSO partners to provide the world-class health care and benefits that Veterans have earned through their service," said Undersecretary Hickey.

This is the latest effort in support of the Secretary's plan to reduce the backlog. Last month, VA announced an initiative to expedite compensation claims decisions for Veterans who have waited one year or longer. On April 19, VA began prioritizing claims decisions for veterans who have been waiting the longest, by providing provisional decisions that allow eligible veterans to begin collecting compensation benefits quickly. With a provisional decision, a veteran has a year to submit additional information to support a claim before the decision becomes final.

On May 15, VA announced that it is mandating overtime for claims processors in its 56 regional benefits offices

through the end of fiscal year 2013 to help eliminate the backlog, with continued emphasis on high-priority claims for homeless veterans and those claiming financial hardship, the terminally ill, former Prisoners of War, Medal of Honor recipients, and veterans filing Fully Developed Claims. As of May 17, the paperless claims processing system known as the veterans Benefits Management System, or VBMS, has been deployed to 46 out of 56 regional office locations, and about 18 percent of VA's current claim inventory is in an electronic format.

Claims for Wounded Warriors separating from the military for medical reasons will continue to be handled separately and on a priority basis with the Department of Defense through the Integrated Disability Evaluation System (IDES). On average, Wounded Warriors separating through IDES currently receive VA compensation benefits in 2 months following their separation from service.

Veterans can learn more about disability benefits on the joint Department of Defense-VA web portal eBenefits at <http://www.ebenefits.va.gov> and find information about filing Fully Developed Claims here: <http://www.benefits.va.gov/transformation/fastclaims/>. Servicemembers returning from active duty in combat theatres are eligible for five years of VA medical care – regardless of the status of any disability claim submitted. Medical care is not withheld while disability claims are under review. For more information on enrolling in VA health benefits, please visit <http://www.va.gov/healthbenefits/>.

RECORDS from Page 3

ed record, Kendall said.

"The record is the data," he said, "and once we have that data in the standardized form and we have converted the data we have now into that architecture, then we're positioned to whatever lies ahead -- whatever software we buy, wherever we move it to."

Retiree Seminars:

NSA Midsouth Retiree Seminar

June 13

(901) 874-5147/5075

NAS Pensacola Retiree Seminar

Oct. 19, Bldg 633

(850) 452-5100

Pearl Harbor Retiree Seminar

Nov. 2

(808) 474-1999

NS Rota Spain Retiree Session

Nov. 2013 (TBD)

011-34-956-82-3232

CSC from Page 1

to the *myPay* home page and click "Forgot your Login ID?" Enter your SSN and temporary password to have your Login ID displayed on screen. Then, return to the home page to login. If you have trouble, call *myPay* at 888-332-7411 to speak to a Customer Service Representative.

Reporting a Retiree's Death. You can find a wealth of information on this topic on Page 13 of this issue.

Requesting Medical Records. To acquire records for those retired or discharged after Jan. 31, 1994, contact the Department of Veterans Affairs Records Management Center:

Mailing address:

Department of Veterans Affairs

Records Management Center

PO Box 5020

St. Louis, MO 63115

Phone: (888) 533-4558

Fax: (314) 538-4573

For those members discharged or retired between 1912 – Jan. 31, 1994, provide full name, Social Security Number and/or service number, date of birth, place of birth, date released from Naval service, address where the record is to be mailed, and signature of member to:

National Personnel Records Center
1 Archives Dr.

St. Louis, MO 63138

Phone: (314) 801-0800

Web: www.archives.gov/st-louis/military-personnel/

For more information about the NPC CSC, visit the NPC website at www.npc.navy.mil and click on the on the CSC link on the upper-right corner of the page.

Retiree checklist: What survivors should know

Shift Colors periodically provides a checklist for retirees and their family members. This checklist is designed to provide retirees and their loved ones with some help in preparing for the future. The checklist is not all-inclusive and should be used with other estate planning tools.

1. Create a military file.

- Retirement orders
- DD 214
- Separation papers
- Medical records

2. Create a military retired pay file.

- Claim number of any pending VA claims
- Address of the VA office being used
- List of current deductions from benefits
- Name, relationship and address of beneficiary of unpaid retired pay at the time of death
- Address and phone number for DFAS: Defense Finance and Accounting Service
U S Military Retirement Pay
Post Office Box 7130
London, KY 40742 7130
(800) 321-1080 option #3 (for deceased members)

3. Create an annuities file, to include:

- Information about the Survivor Benefit Plan (SBP)
(Additional information regarding SBP annuity claims can be obtained from the DFAS-Cleveland Center office at 1-800-321-1080.)
- Reserve Component Survivor Benefit Plan (RCSBP)
- Retired Serviceman's Family Protection Plan (RSFPP)
- Civil Service annuity

4. Create a personal document file.

- Marriage Records
- Divorce decree
- Adoptions and naturalization papers

5. Create an income tax file.

- Copies of state and federal income tax returns

6. Create a property tax file.

- Copies of tax bills
- Deeds and any other related information.

7. Create an insurance policy file.

- Life Insurance
- Property, accident, liability insurance
- Hospitalization/Medical Insurance

8. Maintain a listing of banking and credit information, in a secure location.

- Bank account numbers
- Location of all deposit boxes
- Savings bond information
- Stocks, bonds and any securities owned
- Credit card account numbers and mailing addresses

9. Maintain a membership listing of all associations and organizations.

- Organization names and phone numbers
- Membership fee information

10. Maintain a list of all friends and business associates.

- Include names, addresses and phone numbers

11. Hold discussions with your next of kin about your wishes for burial and funeral services. At a minimum the discussion should include cemetery location and type of burial (ground, cremation or burial at sea). This knowledge may assist your next of kin to carry out all of your desires.

12. You could also pre-arrange your funeral services via your local funeral home. Many states will allow you to pre-pay for services.

13. Investigate the decisions that you and your family have agreed upon. Many states have specific laws and guidelines regulating cremation and burials at sea. Some states require a letter of authority signed by the deceased in order to authorize a cremation. Know the laws in your specific area and how they may affect your decisions. Information regarding Burials at Sea can be obtained by phoning Navy Mortuary Affairs at (866) 787-0081.

14. Once your decisions have been made and you are comfortable with them, have a will drawn up outlining specifics.

15. Ensure that your will and all other sensitive documents are maintained in a secure location known by your loved ones.

Organizations to be notified in the event of a retiree death:

1. Defense Finance and Accounting Service, London, KY
(800) 321-1080
2. Social Security Administration (for death benefits)
(800) 772-1213
3. Department of Veterans Affairs (if applicable)
(800) 827-1000
4. Office of Personnel Management (OPM)
(724) 794-8690
5. Any fraternal group that you have membership with:
e.g., MOAA, FRA, NCOA, VFW, AL, TREA
6. Any previous employers that provide pension or benefits.

Feedback

Our office is always looking to improve on how information is provided to the retired Navy community. Please send suggestions to MILL_RetiredActivities@navy.mil or:

Department of the Navy
OPNAV N135F
Retired Activities Branch
5720 Integrity Drive
Millington, TN 38055-6220

Reunions

Check the Shift Colors Web page (www.ShiftColors.navy.mil) for a full listing of Reunions

REUNION 2013	DATE	PHONE NUMBER	E-mail/Web address
USS YELLOWSTONE (AD 27)	June 2-5	(352) 208-5400	bowp@att.net
USS JOHN KING (DDG 3)	June 3-6	(802) 368-7501 (718) 497-2715	garrettep2@myfairpoint.net mrgilholey@nyc.rr.com
USS BAUSELL (DD 845)	June 16-20	(928) 854-2205	genied@frontiernet.net
USS LAWRENCE (DDG 4/DD 250)	June 19-23	(814) 322-4150	www.usslawrence.com dguts@usslawrence.com
VA 23	June 24-28	(865) 523-2005	anderson032@comcast.net
2nd BN 4th Marines Association	June 26-29	(703) 866-7657 (856) 728-3191	24reunion2013chairman@gmail.com www.2-4association.org
USS JAMES MADISON (SSBN 627)	June 26-29	(877) 559-0015	
Naval Air Station Sanford	June 27-30	(386) 668-4851	dlfrsf@aol.com
USS WAINWRIGHT (DLG/CG 28)	July 16-20	(770) 979-3457	wainwrightnews@comcast.net www.usswainwright.org
USS EDSON (DD 946)	July 31 - Aug. 4	(586) 202-2202	tim32968@gmail.com
USS THOMAS C. HART (DE/FF 1092)	July 31 - Aug. 4	(502) 424-4430	www.thomaschart.org/id109.html
USS PAUL (DE 1080)	Aug. 9-11	(319) 389-5160	rickmartin412@aol.com
USS BATON ROUGE (SSN 689) & USS SPADEFISH (SSN 668, SS 411)	Aug. 8-11	(757) 289-5915 (757) 240-0220	baton689@aol.com
Navy Reserve Transport Squadron VR 52/VR 62	Aug. 16-18	(727) 862-6343	adcsbill@juno.com
USS FRANKLIN D ROOSEVELT (CVB/CVA/CV 42), USS MIDWAY (CVB/CVA/CV 41)	Aug. 20-25	(859) 687-7001	http://squadrons-shipmates-of-the-fdr-midway.com/
USS DAVIDSON (DE/FF 1045) reunion	Aug. 22-25	(952) 922-8536	davidson1045@msn.com
USS ABRAHAM LINCOLN (SSBN 602)	Aug. 23-25	(860) 464-6758	l1doc@comcast.net
USS WINDHAM BAY (CVW 92)	Aug. 25-28	(210) 495-4845	windhambay@aol.com https://sites.google.com/site/windhambay
TACAMO Community	Aug. 28 - Sept. 2	(859)466-7016	tacamocommunity@gmail.com http://tacamo.org/reunions/2013/2013reunionPOD.html
Navy Competitive Shooters Reunion	Sept. 4-7	(865) 300-7553	davefiehtner@gmail.com
Patrol Squadron 4 (VP 4)	Sept. 4-8	(503) 688-9804	larry.hames@vp4association.com www.vp4association.com
USS BORDELON (DD/DDR 881)	Sept. 4-8	(414) 852-2103	sriccobono@sbcglobal.net
USS CURTISS (AV 4)	Sept. 4-7	(956) 423-3314	bruceusscurtissav4@rgv.rr.com
USS ENTERPRISE (CVAN/CVN 65)	Sept. 4-8	(757) 619-1899	robincspelman@gmail.com cvan-cvn-65.org
USS JOHN R CRAIG (DD 885)	Sept. 4-8	(734) 525-1469	www.ussjohnrcraig.com jermail@ameritech.net
USS L. Y. SPEAR (AS 36)	Sept. 4-8	(913) 677-1837	pattykelso@usslyspear.org www.usslyspear.org
USS SEATTLE (AOE 3)	Sept. 4-8	(904) 673-1932	www.ussseattleaoe-3.org
USS STODDARD (DD 566)	Sept. 4-7	(732) 269-5416	keystonewillie@verizon.net
USS WORDEN (DLG/CG 18)	Sept. 4-8	(717) 733-9223	dlg18@dejazzd.com
USS SPRINGFIELD (CL 66/CLG 7/SSN 761)	Sept. 5-8	(253) 210-5609	graham98338@comcast.net www.usspringfield.org
NAS Whidbey Island SAR (all years)	Sept. 6-8	(260) 241-3164	naswhidbeysarreunion@gmail.com
USS INGERSOLL (DD 652/DD 990)	Sept. 6-9	(218) 666-5702	dick.fontana@yahoo.com http://uss_ingersoll_vets.tripod.com
Navy Cargo Handling Battalion 6 (CHB6)	Sept. 7	(570) 839-7111 ext. 7623	chb.sixreunion@gmail.com www.chb-6.com
USS NECHES (AO 47)	Sept. 9-13	(918) 760-7371	johnnyhanlon@cox.net

USS SURFBIRD (AM/MSF/ADG 383)	Sept. 9-13	(619) 518-7047	www.surfbird383.org
USS BREMERTON (CA 130/SSN 698)	Sept. 8-12	(406) 837-4474 (585) 365-2316	jtbluff1@centurytel.net rpolanowski@stny.rr.com
USS LAFFEY (DD 724)	Sept. 8-11	(856) 423-4263	jill.michel@comcast.net www.laffey.org/index.htm
USS MERRICK (AKA/LKA 97)	Sept. 8-11	(205) 387-2654	beasonjimdot@aol.com
USS GRAFFIAS (AF 29)	Sept. 10-14	(540) 442-0007	john_w_morrow@yahoo.com
USS ALEXANDER HAMILTON (SSBN 617)	Sept. 11-15		https://www.facebook.com/ groups/111771750614/?fref=ts
USS CHEMUNG (AO 30), USS TAMALPAIS (AO 96)	Sept. 11-15	(313) 928-3109	RMcBrayer@metroshores.net
USS GALVESTON (CLG 3)	Sept. 11-15	(866) 398-2655	galveston@comcast.net
USS ROBINSON (DD 562)	Sept. 11-14	(281) 474-0558	ajbowne@yahoo.com www.usrobinson.org
Patrol Boat River Veterans Association	Sept. 12-15	(951) 734-5871	Rfichtelman@sbcglobal.net
USS BON HOMME RICHARD (CV/CVA 31/LHD 6)	Sept. 12-14	(417) 684-1358	
USS RICHMOND K TURNER (DLG/CG 20)	Sept. 12-15	(610) 285-2385	teempa@aol.com www.rkturner.com
VS-21 (1955-1965)	Sept. 15-19	(479) 846-1701	stanmott@pgtc.com
USS LYMAN K SWENSON (DD 729)	Sept. 16-19	(931) 296-0881	
USS ANTIETAM (CV/CVA/CVS 36)	Sept. 18-22	(316) 425-5693	lyonel.young@cox.net
USS MOUNT MCKINLEY (AGC 7)	Sept. 18-22	(509) 534-3649	djanzen4@msn.com
USS NIMITZ (CVN 68)	Sept. 18-21	(256) 534-3661	alewallen@knology.net
USS OUELLET (FF 1077)	Sept. 18-22	(619) 917-9065	cwcrossan@cox.net http://uss-ouellet.org
USS RANGER (CVA/CV 61)	Sept. 18-22	(203) 453-4279	uss.ranger@yahoo.com
USS SEAWOLF (SSN 575)	Sept. 18-22		www.ssn575.com scott.jaklin@ssn575.com
USS THE SULLIVANS (DD 537, DDG 68)	Sept. 18-22	(630) 515-9060	www.ussthesullivans.net SullyDD-537@att.net
USS WALLER (DD/DDE 466)	Sept. 18-21	(606) 365-2902	hawkeyefarm1@searnet.com
Mine Division 113 Vietnam	Sept. 19-22	(501) 620-0593	don9329@hotmail.com
USS DULUTH (LPD 6)	Sept. 19-22	(440) 951-6695	don.rowe@sbcglobal.net https://www.facebook.com/#!/groups/ussduluth
USS FINCH (DER 328)	Sept. 19-22	(360) 898-7313	myrons@hctc.com
USS HANSON (DD/DDR 832)	Sept. 19-22	(770) 504-0004 (770) 584-5023	rogerandmaryellen@comcast.net
USS KNOX (DE/FF 1052)	Sept. 19-21		http://ussknox.org www.facebook.com/groups/7718489957 rvmama9@hotmail.com jbosworth@roadrunner.com
USS LENAWEE (APA 195)	Sept. 19-22	(505) 821-4219 (619) 281-0216	billyb229@msn.com leebolt@att.net
USS NATHAN HALE (SSBN 623)	Sept. 19-22	(843) 569-6012 (843) 568-2148	stanke@bellsouth.net
VA-176 Thunderbolts	Sept. 19-22	(757) 340-1511	jsutton123@cox.net
Navy Hydrofoil Reunion, PHMRON 2, PHMs 1-6, and PHM- RON 2 MLSG	Sept. 20-23		reunion.navy.hydrofoilers@foils.org www.foils.org/reunion.html
USS RANDOLPH (CV/CVA/CVS 15) and USS TERROR (CM 5)	Sept. 22-29	(321) 454-2344	
USS RUSHMORE (LSD 14/47)	Sept. 22	(239) 731-1759	ri081539@juno.com
USS WILLIAM R RUSH	Sept. 22-225	(802) 933-5921	seadog714Wgmail.com
NCS Londonberry, N. Ireland (1941-1977)	Sept. 23-27	(734) 753-5790	ford427@peoplepc.com http://navcommsta-londonberry.freesevers.com
USS WALDRON (DD 699)	Sept. 23-27	(985) 264-3294	dcssti@cs.com
USS BASILONE (DDE/DD 824)	Sept. 24-28	(410) 757-2313	glchristenson@comcast.net

USS HORNET (CV 8, CV/CVA/CVS 12)	Sept. 24-29	(814) 224-5063	hornetcva@aol.com www.usshornetassn.com
USS OKLAHOMA CITY (CL 91, CLG/CG 5)	Sept. 24-29	(620) 399-3999 (727) 215-0568	www.ussokcity.com
USS ABNAKI (ATF 96)	Sept. 25-29	(803) 628-8110	asamyers@carolina.rr.com
USS HENRY B WILSON (DDG 7)	Sept. 25-29	(520) 841-3272	dan_m@centurylink.net www.henrybwilsonddg7.com
USS PASSUMPSIC (AO 107)	Sept. 25-28		www.passumpsciao107.com brockman@eastex.net
USS PIEDMONT (AD 17)	Sept. 25-29	(201) 339-5155	rwgeraghty@verizon.net
USS WALKE (DD 416/723)	Sept. 25-29	(920) 788-4916	rwilliamson@new.rr.com
USS WARRINGTON (DD 843)	Sept. 25-29	(916) 791-6700	stashuman843@msn.com
USS WASHTEAW COUNTY (LST 1166)	Sept. 25-29	(504) 467-4201	vicknvv@aol.com
USS WILTSIE (DD 716)	Sept. 25-29	(360) 357-6135	anderjm@reachone.com
USS AGERHOLM (DD 826)	Sept. 26-29	(518) 373-8363	hr@msn.com ussagerholm.org
USS FOX (DLG/CG 33)	Sept. 26-29	(843) 569-0981	habibphil@comcast.net www.ussfox.org
USS GREENWICH BAY (AVP 41)	Sept. 26-29	(910) 582-3791 (609) 914-2906	ussgreenwichbay@gmail.com
USS RICHARD L PAGE (DEG/FFG 5)	Sept. 26-29	(603) 986-4661	pagedegffg5@yahoo.com www.ussrichardlpage.com
USS TIRU (SS 416)	Sept. 26-28	(843) 556-7622	2013reunion@usstiru.org
USS VALCOUR (AVP 55/AGF 1)	Sept. 26-29		dwcloudsr@gmail.com
USS MERRIMACK (AO 179)	Sept. 27-29	(224) 656-3790	www.wretat20@comcast.net
Naval Reserve Center Altoona, PA	Sept. 28	(814) 696-3366	rjbentley@atlanticbb.net
OM-IM Association	Sept. 29-Oct. 3		webmaster@im-om.com
USS BAINBRIDGE (DLGN/CGN 25)	Sept. 29-Oct. 3	(813) 788-4483	hiltonk2012@gmail.com masterchiefken@live.com
USS JOHN S MCCAIN (DL 3 / DDG 35)	Sept. 30 - Oct. 3	(321) 952-2066	peteusna@aol.com
USS MITSCHER (DL 2 / DDG 35)	Sept. 30 - Oct. 3	(513) 542-9488	raymondsrc@fuse.net
USS NORFOLK (DL 1)	Sept. 30 - Oct. 3	(516) 293-4115	bobg190@verizon.net
USS SENNET (SS 408)	Sept. 30 - Oct. 3	(843) 851-7064	rluther107@gmail.com
USS WILKINSON (DL 5)	Sept. 30 - Oct. 3	(619) 479-7387	hobocamp@aol.com
USS WILLIS A LEE (DL 4)	Sept. 30 - Oct. 3	(718) 934-6410	frankDL4@optonline.net
MCB 11 & 11th NCB (Seabees)	Oct. 1-4	(512) 267-8873	mcb11reunion@earthlink.net
USS JOHN R PIERCE (DD 753)	Oct. 1-4	(337) 537-7533	cthomp9785@hughes.net www.ussjohnpiercedd753.com
USS CANBERRA (CA 70/CAG 2) all hands 1943-1970	Oct. 2-6	(740) 423-8976	usscanberra@gmail.com
USS IWO JIMA (LPH 2/LHD 7)	Oct. 2-6	(757) 723-0317	yujack@megalink.net http://ussiwjojimashipmates.cfn.net
USS LEYTE (CV 32)	Oct. 2-6	(732) 727-5993	leyte1956@aol.com
USS MEREDITH (DD 434/726/890)	Oct. 2-6	(740) 774-3894	dk62@roadrunner.com
USS SPIEGEL GROVE (LSD 32)	Oct. 2-6	(715) 851-5878	LSD32@frontiernet.net
Naval Training Center Bainbridge	Oct. 3-6	(540) 345-5826	DE585@cox.net www.usntcb.org
Navy VB-109/VPB-109 Bombing Squadron reunion	Oct. 3-6	(814) 866-6683	
USS MAUNA KEA (AE 22)	Oct. 3-6	(253) 279-9737	dadeo2me@hotmail.com
USS ROBERT L WILSON (DDE/DD 847)	Oct. 3-6	(301) 564-0541	rutyro@verizon.net
USS SIGOURNEY (DD 643)	Oct. 3-6	(615) 824-0496 (615) 477-9796	tjee@comcast.net
USS CONSTANT (MSO 427)	Oct. 4-6	(715) 210-7064	perkindj@uwec.edu
NMCB 24 / NCFSU 3	Oct. 5	(352) 473-2850 (803) 222-5338	pete.queen@yahoo.com
Guantanamo Bay Assoc.	Oct. 6-10	(904) 417-8590	warmantmcret@yahoo.com

USS BEALE (DD/DDE 471)	Oct. 6	(812) 264-2958	psalms51johndavis@yahoo.com
USS DAMATO (DDE/DD 871)	Oct. 6-10	(269) 998-7103	http://reunionpro.com/sponsors.uss-damato-ddde871
USS HOLDER (DD/DDE 819, DE 401)	Oct. 9-13	(831) 458-9062	ussholder_dde819@hotmail.com www.ussholder.com
USS CALIENTE (AO 53)	Oct. 10-13	(301) 392-3031	hughesjm@yahoo.com
USS MASSEY (DD 778)	Oct. 10-14	(610) 380-1728	jbertram3@verizon.net
NAAS New Iberia, LA	Oct. 11-13		navynil50@yahoo.com
USS MONTICELLO (LSD 35)	Oct. 12-13	(209) 772-0543	beamer@ussmonticello.com www.ussmonticello.com
USS SAM RAYBURN (SSBN 635)	Oct. 13-17	(774) 233-0344	thunder1948@comcast.net www.ssb635.org
USS MAURY (AGS 16) and USS SERRANO (AGS 24)	Oct. 14-18	(480) 969-3086	jmww03@cox.net
USS DAVIDSON (DE/FF 1045) commemorative plaque dedication	Oct. 16	(952) 922-8536	davidson1045@msn.com
USS GRAND CANYON (AD/AR 28)	Oct. 16-20	(317) 881-8866	robertdunn4217@sbcglobal.net
USS TUSK (SS 426)	Oct. 17-20	(619) 954-0770	tufts57@gmail.com
USS NEWMAN K PERRY (DD/DDR 883)	Oct. 20 - 22	(817) 291-7415	nkperry.com
USS PHILIPPINE SEA (CV/CVA/CVS 47)	Oct. 24-29	(941) 743-5460	philsea@embarqmail.com www.philsea.org
VAP-61/VAP-62/Vj-61/VJ-62	Oct. 30 - Nov. 3	(660) 259-4546	donna.sims.1969@gmail.com
USS TRUMPETFISH (SS 425)	Nov. 6-13	(843) 873-9563	terminole@hotmail.com
USS HARRY E. YARNELL (DLG/CG 17)	Nov. 8-10	(703) 256-1274	bigvtx1800@aol.com www.ussharyeyarnell.com
REUNION 2014			
USS CLAUDE V RICKETTS (DDG 5)	July 25-29	(603) 986-4661	www.thebignickel.org RickettsDDG5@yahoo.com



Retired Activities Office Phone Listing

Arizona Retired Activities Office Readiness Center Navy and Marine Corps Reserve 1201 N 35th Ave Phoenix, AZ 85009-3398 (602) 353-3033 OPT 4 Press 2 9 a.m. – 2 p.m. (Tue-Thu)	Naval Air Station, Jacksonville Fleet and Family Support Center 554 Childs St Bldg. 876 PO BOX 136 Jacksonville, FL 32212-0136 (904) 542-2766 EXT 153 9 a.m. – 3 p.m. (Mon-Fri) Retired Activities Office Fleet and Family Support Center Naval Air Station Whiting Field 7511 USS Enterprise St. Bldg. 3025 Milton, FL 32570-5000 (850) 623-7215/7177 8:30 – 11:30 a.m. (Mon/Fri) Call for appointment Retired Activities Office VA Lakemont Campus, Rm. 125 5201 Raymond St Orlando, FL. 32803 (407) 646-4204/4259/4262 Retired Activities Office Fleet and Family Support Center Naval Air Station 151 Ellyson Ave. Pensacola, FL 32508-5217 (850) 452-5622 9 a.m. – 1 p.m. (Mon-Fri)	Michigan Retired Activities Office 44200 Jefferson Bldg. 780 Room 17 (S604) Selfridge, Army National Guard Base Mt Clemens, MI 48045-5263 (586) 307-5580 9 a.m. – 3 p.m. (Tue-Fri)	Ft Worth, TX 76127 (817) 782-5537 8 a.m. – 4 p.m. (Mon-Fri)
California Retired Activities Office Naval Air Weapons Station Code 75H000D 1 Administration Circle China Lake, CA 93555-6100 (760) 939-0978 9 a.m. – 3 p.m. (Mon-Fri) Retired Activities Office Fleet and Family Support Center 966 Franklin Ave. Naval Air Station Lemoore, CA 93246-5001 (559) 998-2977 10 a.m. 2 p.m. (Thu) Retired Activities Office Fleet and Family Support Center 1000 23rd Ave., Bldg. 1169 Port Hueneme, CA 93043-4301 (805) 982-1023 8 a.m. - 4 p.m. (Mon-Fri) Retired Activities Office Naval Air Station, North Island PO BOX 357033 San Diego, CA 92135-7033 (619) 437-2780 9 a.m. – 4 p.m. (Mon-Fri) Retired Activities Office Naval Amphibious Base 3324 Guadalcanal Rd., Bldg. 16 Coronado, CA 92136-5190 (619) 437-2780 9 a.m. - 4 p.m. (Mon-Fri) Retired Activities Office Navy Base San Diego 3005 Corbina Alley, Bldg. 259 San Diego, CA 92136-5190 (619) 556-8987 8 a.m. – 4 p.m. (Mon-Fri) Retired Activities Office Naval Weapons Station Seal Beach 800 Seal Beach Blvd. Bldg. 22 Room 2 Seal Beach, CA 90740-5000 (562) 626-7152 9 a.m. – 3 p.m. (Mon-Thu) 9 a.m. - Noon (Fri)	Retired Activities Office Fleet and Family Support Center Naval Air Station Call for appointment Retired Activities Office VA Lakemont Campus, Rm. 125 5201 Raymond St Orlando, FL. 32803 (407) 646-4204/4259/4262 Retired Activities Office Fleet and Family Support Center Naval Air Station 151 Ellyson Ave. Pensacola, FL 32508-5217 (850) 452-5622 9 a.m. – 1 p.m. (Mon-Fri) Hawaii Retired Activities Office Fleet and Family Support Center 850 Ticonderoga St, Suite 100 Pearl Harbor, HI 96860-5101 (808) 474-1999 EXT 6317 8 a.m. – 3 p.m. (Mon-Fri) Illinois Retired Activities Office Fleet and Family Support Center, Bldg 42 2601a Paul Jones St Room 118 Naval Training Center Great Lakes, IL 60088-5125 (847) 688-3603 EXT 132 9 a.m. – 1 p.m. (Mon-Fri) Louisiana Retired Activities Office Naval Air Station/Joint Reserve Base New Orleans, LA 70143-5077 (504) 678-2134 9 a.m. - Noon (Mon-Wed-Fri) Maine Retired Activities Office 400 Foxtrot Ave. Naval Air Station Brunswick, ME 04011-5004 (207) 841-0582 10 a.m. – 2 p.m. (Tue-Thu) Massachusetts Retired Activities Office Naval Reserve Center 85 Sea St Quincy, MA 02169 (617) 753-4636/26 9 a.m. - Noon Call for appointment	Minnesota Retired Activities Office Naval Operational Support Center 5905 34th Ave. South Minneapolis, MN 55450 (612) 713-4664 10 a.m. – 2 p.m. (Tue & Fri) Missouri Retired Activities Office, St Louis Naval and Marine Corps Reserve Center 10810 Lambert International Blvd Bridgeton, MO 63044-2314 (314) 524-9553 Tuesday: 9 a.m. – 1 p.m. Friday: 11:30 a.m. – 1 p.m. New Hampshire Retired Activities Office Portsmouth Naval Shipyard Code 866 Bldg. 22 Portsmouth, NH 03804-5000 (207) 438-1860 10 a.m. – 2 p.m. (Tue-Thu) New York Retired Activities Office 25 Baiting Place Lane Farmingdale, NY 11735 631-768-3248 11 a.m. - Noon (Mon, Tues, Thu, Fri) Rhode Island Retired Activities Office Fleet and Family Support Center Naval Station 1260 Peary St Newport, RI 02841-1629 (401) 841-4089 9 a.m. - Noon (Mon, Wed-Fri) South Carolina Retired Activities Office Naval Weapons Station Charleston Fleet and Family Support Center 1005 Jefferson Ave. Bldg. 755 Goose Creek, SC 29445 (843) 764-7487 ext 16 Call for appointment Tennessee Retired Activities Office Fleet and Family Support Center Bldg. 456, First Floor NSA Memphis, Code N 763 Millington, TN 38054-5000 (901) 874-5195 10 a.m. – 2 p.m. (Tue, Thu) Texas Fleet And Family Support Center 3175 Vandenberg Ave. Naval Air Station/Joint Reserve Base	Virginia Retired Activities Regional Office Fleet and Family Support Center 7928 14th St. Suite 239 Norfolk, VA 23521 (757) 445-4380/5950 (757) 445-5326 (Fax) 10 a.m. – 2 p.m. (Mon-Fri) Retired Activities Office Joint Base Little Creek/Fort Story 1450 D Street Norfolk, VA 23521 (757) 462-8663/7563 10 a.m. – 2 p.m. (Mon-Fri) Washington Retired Activities Office Fleet and Family Support Center Naval Station Everett 13910 45th Ave NE, Room 818 Marysville, WA 98271 (425) 304-3775/3721 10 a.m. – 1 p.m. (Mon-Fri) Retired Activities Office Fleet and Family Support Center Naval Air Station Whidbey Island Oak Harbor, WA 98278 (360) 257-8054/8055 9 a.m. – 3 p.m. (Mon-Fri) Wisconsin Retired Activities Office Navy/Marine Corps Reserve Center 2401 South Lincoln Memorial Dr. Milwaukee, WI 53207-1999 (414) 744-9766 9 a.m. – 3 p.m. (Mon-Fri) Overseas: Italy Retired Activities Office Via De Amicis #16 07024 La Maddalena O. T. Italy panzanic@hotmail.com Rota, Spain Retired Activities Office NS ROTA Community Support Bldg. 3293 PSC 819, Box 57 FPO AE 09645-5500 011-34-956-82-3232 (from CONUS) 1 – 4 p.m. (Mon, Wed, Fri) Subic Bay, Philippines Retired Activities Office Subic Bay-Olongapo #34 National Highway Barrio Barretto 2200 Olongapo City PSC 517 Box RS FPO/AP 96517-1000 011-63-47-222-2314 011-63-90-657-05335 9 a.m. - 3 p.m. (Mon. - Fri.)

Ready Reference Contact Information

Air Force Retiree Services: (800) 531-7502; www.retirees.af.mil
Arlington National Cemetery: (703) 607-8000; www.arlingtoncemetery.org

Armed Forces Retirement Home: (800) 422-9988; www.afrh.gov
Army & Air Force Exchange Service: (214) 312-2011; www.aafes.com

Army Retired Services: (703)325-9158; www.armyg1.army.mil/retire

Burial at Sea Information: (866) 787-0081; www.npc.navy.mil

Combat Related Special Compensation:
www.donhq.navy.mil/corb/crsbc/crscmainpage.htm

DEERS: (800)-538-9552, Fax: (831) 655-8317;
www.tricare.osd.mil/deers

Defense Commissary Agency: www.commissaries.com

DFAS Casualty Assistance Branch: (800) 321-1080 or (216) 522-5955; (For Reporting a Retiree's death, option #1)

Fleet Reserve Association: (703) 683-1400; www.fra.org

Gulf War homepage: www.gulfink.osd.mil

I.D. Cards Benefits and Eligibility: (866) 827-5672;

www.npc.navy.mil/support/paypers/ID_Cards/Pages

Internal Revenue Service: (800) 829-1040; www.irs.gov

Marine Corps Retired Affairs: (800) 336-4649; www.usmc.mil
(Hover over "Marine Services" then click on "Retired Services")

Medicare: (800) 633-4227. TTY: (877) 486-2048; www.medicare.gov

Military Officers Assoc. of America: (800) 234-6622; www.moaa.org

National Burial Services: (800) 697-6940

NPC Navy Reserve Personnel Management (PERS 9): (866) 827-5672,
www.npc.navy.mil/career/reservepersonnelmgmt/Pages/

Navy Casualty Assistance: (800) 368-3202

Navy Retired Activities Office: (866) U-ASK-NPC (866-827-5672)
MILL RetiredActivities@navy.mil;

www.npc.navy.mil/support/retired_activities/Pages

Navy Uniform Shop: (800) 368-4088; www.navy-nex.com/uniform

Navy Worldwide Locator: (866) U-ASK-NPC (866-827-5672);
www.npc.navy.mil/organization/npc/csc/Pages/NavyLocatorService.aspx

Reserve Component SBP: (866) 827-5672 ask for PERS-912

Retiree Dental — Delta Dental: (888) 838-8737; www.trdp.org

Servicemembers Group Insurance (SGLI): (800) 419-1473;
www.insurance.va.gov

Naval Historical Center: (202) 433-2210; www.history.navy.mil

Social Security Administration: (800) 772-1213; www.ssa.gov

TRICARE: www.tricare.mil

TRICARE North: (877) TRICARE (874-2273); www.hnfs.net/:
CT, DC, DE, IL, IN, KY, MA, MD, ME, MI, NC, NH, NJ, NY, OH,
PA, RI, VT, VA, WI, WV, some zips in IA, MO, TN

TRICARE South: (800) 444-5445; www.humana-military.com:
AL, AR, FL, GA, LA, MS, OK, SC, TN (except 35 TN zips near
Fort Campbell), and TX (except the extreme SW El Paso area)

TRICARE West: (877) 988-WEST (9378); www.uhcmilitarywest.com:
AK, AZ, CA, CO, HI, ID, IA (except 82 zips near Rock
Island), KS, MO (except St. Louis area), MN, MT, ND, NE, NM,
NV, OR, DE, SW TX, UT, WA, WY

TRICARE Overseas: (888) 777-8343; www.tricare.mil

TRICARE For Life: (866) 773-0404; www.tricare.mil/tfl

TRICARE mail order pharmacy: (877) 363-1303;
www.tricare.mil/pharmacy www.express-scripts.com

VA: www.va.gov

Regional offices: (800) 827-1000 (overseas retirees should
contact the American Embassy/consulate), TDD (800) 829-4833

Insurance:

VA Regional Office and Insurance Center

PO Box 7208 (claims inquiries) -ORPO

Box 7327 (loans) -ORPO

Box 7787 (payments)

Philadelphia PA 19101

(800) 669-8477; www.insurance.va.gov

Burial information: (800) 827-1000; www.cem.va.gov

GI Bill: (888) 442-4551; www.gibill.va.gov

Records:

**For replacement DD 214, service records, medical records,
award information:**

Retired prior to 1995: www.archives.gov/veterans/military-service-records

Retired

Retired after 1995:

Navy Personnel Command

PERS-312E

5720 Integrity Drive

Millington, TN 38055-3120

Fax requests to: (901) 874-2664

Gray-area reservists: (866) 827-5672

Navy recreation: www.mwr.navy.mil

Navy Gateway Inns & Suites: <http://dodlodging.net>

ITT: <http://navymwr.org/mwrprgms/itt.html>

Sister service retiree publications:

Air Force Afterburner: www.retirees.af.mil/afterburner

Army Echoes: www.armyg1.army.mil/rso/echoes.asp

Coast Guard Evening Colors: <http://www.uscg.mil/hq/cg1/psc/ras>

Marine Corps Semper Fidelis: www.manpower.usmc.mil/portal/page/portal/M_RA_HOME/MM/SR/RET_ACT/Semper_Fidelis

Pay/SBP Questions: www.dfas.mil

Pay inquiries and update of pay or SBP records in case of
death, divorce or remarriage:

Retiree:

Defense Finance and Accounting Service

U.S. Military Retirement Pay

P.O. Box 7130

London KY 40742-7130

(800) 321-1080, (216) 522-5955

SBP/RSFPP annuitant:

Defense Finance and Accounting Service

U.S. military Annuitant Pay

P.O. Box 7131

London KY 40742-7131

(800) 321-1080, (216) 522-5955

Hull Maintenance Technician 3rd Class Adrian Aquino, from Boston, Mass., grinds off the rough edges of a custom made flag stand in the weld shop of the aircraft carrier USS Nimitz (CVN 68). The Nimitz Carrier Strike Group is deployed to the U.S. 7th Fleet area of responsibility conducting maritime security operations and theater security cooperation efforts. (Photo by Mass Communication Specialist 3rd Class Derek W. Volland)

