

RAOs Required to Follow Privacy Rules

Courtesy Navy Retired Activities Office

To help reduce the risk of Personally Identifiable Information (PII) leaks, Navy Retired Activity Offices (RAO) and Navy-sponsored independent coordination offices are not authorized to maintain files containing PII of any kind on retirees, surviving spouses and their dependents. The RAO volunteer staff may only maintain a log of the client's name, phone number and the service provided. All sensitive PII documents used in the transaction will be returned to the client prior to them leaving the office. It is up to the client to maintain their files and bring them with them each time they visit an RAO office, including follow-up appointments.

As defined in DoD 5400.11-R, Department of Defense Privacy Program, May 14, 2007, PII is information about an individual that identifies, links, relates, or is unique to, or describes him or her, such as a social security number, age, military rank, civilian grade, marital status, race, salary, home phone numbers, and other demographic, biometric, personnel, medical, and financial information. Due to the sensitive information that may be required to assist clients during RAO transactions, the loss or compromise of PII can result in substantial harm including identity theft or other fraudulent use of the information.

For more information contact the Navy Retired Activities Office at (901) 874-6723 or (901) 874-6949.

SecNav Explains Concurrent Disability-Related Payments

Courtesy SecNav Combat-Related Special Compensation Board

There are two concurrent receipt programs available to Navy and Marine Corps retirees who have VA-rated disabilities. They are the Concurrent Retirement and Disability Payments (CRDP) program and the Combat-Related Special Compensation (CRSC) program. Retirees who receive VA disability payments have their retired pay "offset" (reduced) by the amount of VA pay. These concurrent receipt programs "restore" some or all of that retired pay.

The Defense Finance and Accounting Service (DFAS) calculates and pays monthly CRDP and CRSC compensation. It is highly recommended that you have a myPay account set up with DFAS to manage your retired pay: <http://www.dfas.mil/retiredmilitary/manage/mypay.html>

In order to be eligible for these programs, disabled retirees must be

eligible for retired pay AND be in receipt of VA disability compensation. Medical retirees (TDRL & PDRL) with less than 20 years service are eligible for CRSC only. Twenty year and Temporary Early Retirement Authority (TERA) retirees (15-19 years of service) and Reservists (age 60) are eligible for both CRSC and CRDP, but can receive compensation from only one program. Applicants must apply to the service CRSC Board from which they retired. <http://www.public.navy.mil/asnmra/corb/CRSCB/DD%20Forms/dd2860.pdf>

CRDP is automatic and is paid to 20-year and TERA retirees who have VA rated service connected disabilities of 50 percent or higher. There is no application required, nor accepted. DFAS determines eligibility and pays monthly CRDP compensation. CRDP payments are taxed.

CRSC is for military retirees with combat-related disabilities of 10% or

greater. Combat-related determinations are made by the CRSC Board for the branch of service from which the member retired. A combat-related determination is made for each VA disability claimed. The retiree must apply using the CRSC application form (DD-2860 July 2011). The "burden of proof" is on the claimant and the claim should include the member's DD-214, VA Rating Decisions, applicable Service Medical Records (SMRs), the PEB Findings Letter (for medical retirees) and pertinent service personnel records. Reconsiderations are accepted if new documentary evidence as to the cause of the disability is provided or for any new disabilities rated by the VA. Appeal authority for CRSC is the Board for Correction of Naval Records (BCNR).

CRSC compensation for medical retirees is calculated by DFAS using a complicated formula that takes

—— See **PAYMENTS** Page 12

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Shift Colors

Rear Adm. David Steindl
*Deputy Chief of Naval Personnel,
Commander, Navy Personnel Cmd.*
Lt. Cmdr. Robert Lyon
NPC Public Affairs Officer
Pamela Warnken
NPC Deputy Public Affairs Officer
Wm. Cullen James
Editor

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Send correspondence to:
Navy Personnel Command
Shift Colors
5720 Integrity Drive
Millington, TN 38055
E-mail: MILL_ShiftColors@navy.mil
Phone: (866) 827-5672

Fire Training...

Damage Controlman Fireman Cody Osgood, from Farmland, Ind., instructs Midshipmen from the U.S. Naval Academy in hose-handling aboard the guided-missile destroyer USS Truxtun (DDG 103). Truxtun is deployed as part of the George H.W. Bush Carrier Strike Group supporting maritime security operations and theater security cooperation efforts in the U.S. 5th Fleet area of responsibility. (Photo by Mass Communication Specialist 3rd Class Scott Barnes)



Implementation of installation ID scanners continues

By MC1(SW/AW) Molly A. Burgess
The Flagship Military Editor

Norfolk – As part of an ongoing program to heighten security measures at Naval installation Entry Control Points (ECPs), handheld ID scanners continue to be implemented at all Navy installations in the Mid-Atlantic region and other installations throughout the Navy.

The scanners, controlled by ECP sentries, will scan all Common Access Card (CAC), TESLIN or Navy Commercial Access Control System (NCACS) cards of personnel entering a military installation.

“The Navy has adopted this Navy physical access control system (NPACS), and part of that is the Navy Access Control Management System, NACMS,” said Steve Murley, Non-Guard Services regional manager. “NCAMS involves handheld scanners that will scan ID cards for authorized access into the base.”

According to Murley, the scanners being implemented in the Mid-Atlantic will eventually be used at all naval installations in the United States.

“It is important to make sure your card is up-to-date and valid,” said Murley.

To prevent delays, individuals should review their base access cards for validity. If you believe your card may be



Courtesy Photo

denied, make an appointment at your local Personnel Support Detachment (PSD) or Real-Time Automated Personnel Identification System (RAPIDS) service center (<https://rapids-appointments.dmdc.osd.mil/default.aspx>). Customers should bring two forms of valid government-issued identification, one bearing a photo.

Murley added that there should be no concern that personally identifiable information will be taken during the scanning.

He said, “The scanners do not hold PII, they verify the card against an authoritative database to display name, and if the individual is clear for access or denied and reasons for denial.”

Contractors and commercial vendors should report to their company for an

updated credential.

Because the card information needs to be registered into the handheld scanner’s independent database during the initial scan, the length of a card holder’s first scan can take anywhere between eight to 12 seconds, causing even more delay if the card is denied due to being invalid.

All scans after the initial scan should take only about two seconds.

Currently, many ECPs are scanning during low-volume times to allow personnel entering the base the opportunity to have their card scanned so in case of a denied card, traffic volume is not affected as much as it would be during peak hours.

Murley added that there’s no need to increase the hours at Pass and ID.

“We have been scanning in the (Hampton Roads) area for several weeks now,” he said. “We have not noticed an increase in volume that would warrant extending hours.”

“Our next step after the short preregistration will be to go to 100 percent scanning at all times for all incoming traffic,” Murley said. “Eventually the scanning will expand and be fully operational in more common places such as restricted areas and turnstiles.”

To find a RAPIDS service center, visit <https://rapids-appointments.dmdc.osd.mil/default.aspx>.

DFAS Debit Card Program Now Available for Retirees

Courtesy DFAS

A Treasury mandate requires DFAS to pay military, civilian and retired customers by electronic funds transfer (EFT).

Beginning March 1, 2013, most of you who received a paper check began receiving notifications that you must deposit your pay directly to your savings or checking account. You will continue

to receive these notifications until you sign up for EFT; sign up for the debit card solution the Department of the Treasury has made available; or receive a waiver from the Department of the Treasury mandate.

With direct deposit, DFAS sends your payment straight to your bank account. About 99 percent of DFAS customers already receive their pay

by direct deposit. They’re being paid on time without the risks of lost or misrouted mail.

Find more information about direct deposit at www.dfas.mil.

A small number of benefit recipients might not be able to open bank accounts, so DFAS has worked with the Department of the Treasury to provide you with a debit

card option similar to the one the Treasury is offering for Department of Veterans Affairs and Social Security payment recipients. You can find out more at www.dfas.mil/mandatoryeft/debitcard.html.

If you want to continue receiving paper checks, you must apply for a waiver. DFAS is still working on the waiver process.

Veterans' Burial Payments Now Automated

Courtesy VA

WASHINGTON – New burial regulations will now allow the Department of Veterans Affairs (VA) to automatically pay the maximum amount allowable under law to most eligible surviving spouses more quickly and efficiently, without the need for a written application.

Under former regulations, VA paid burial benefits on a reimbursement basis, which required survivors to submit receipts for relatively small one-time payments that VA generally paid at the maximum amount permitted by law.

“VA is committed to improving the speed and ease of delivery of monetary burial benefits to veterans’ survivors during their time of need,” said Acting VA Secretary Sloan Gibson. “The recent changes allow VA to help these survivors bear the cost of funerals by changing regulations to get them the benefits more quickly.”

This automation enables VA to pay a non-service-connected or service-connected burial allowance to an estimated 62,000 eligible surviving spouses out of a projected 140,000 claimants for burial benefits in 2014. Surviving spouses will be paid upon notice of the veteran’s death using information already in VA systems. The burial allowance for a non-service-connected death is \$300, and \$2,000 for a death connected to military service.

This revised regulation will further expedite the delivery



Photo by Chief Musician Christian Johanson

Master Chief Musician Joe Brown leads the U.S. Navy Ceremonial Guard and the U.S. Navy Ceremonial Band during a full honors funeral at Arlington National Cemetery, Jan. 21.

of these benefits to surviving spouses, reduce the volume of claims requiring manual processing, and potentially make available resources for other activities that benefit veterans and their survivors.

For more information on monetary burial benefits, visit <http://www.benefits.va.gov/compensation/claims-special-burial.asp>.

Grants Will Expand Transportation in Rural Areas

Courtesy VA

WASHINGTON – The Department of Veterans Affairs (VA) and the White House Rural Council announced the award of eight grants, totaling \$815,051.50, which will improve access to health care for Veterans living in highly rural areas. The grants will assist over 11,000 veterans in seven states and 56 counties by providing up to \$50,000 per highly rural area to fund transportation services for veterans to and from VA medical centers and other facilities that provide VA care.

The grants are part of a program authorized by Congress to help state Veterans Service Agencies (SVSAs) and Veterans Service Organizations (VSOs) operate or contract for transportation services to transport veterans to VA medical centers and other facilities that provide VA care.

In July 2013, VA began accepting

applications for grants to help state Veterans Service Agencies and VSOs operate or contract for transportation services to transport veterans to VA medical centers and other facilities that provide VA care. A new regulation establishes the program that will administer these grants. Transportation will be provided at no cost to veterans.

“VA is committed to ensuring that all veterans, including those who live in rural and remote areas, have access to the health care they have earned through service to our country,” said Acting Secretary of Veterans Affairs Sloan D. Gibson.

Organizations awarded the grants include:

- Virginia Department of Veteran Services (\$8,825.00 for one county in Va.) approximately benefiting over 89 veterans;
- American Legion Post 20 (\$49,

764.00 for one county in S.D.) approximately benefiting 1,507 veterans;

- Veterans of Foreign Wars Post 8988 (\$80,000.00 for two counties in Calif.) approximately benefiting 849 veterans;
- Nevada Department of Veteran Affairs (\$46,850.00 for one county in Nevada) approximately benefiting 1,285 veterans;
- Veterans of Foreign Wars Post 7202 (\$150,000.00 for 13 counties in far west Texas) approximately benefiting 1,579 veterans;
- Washington State Department of Veterans Affairs (\$100,000.00 for two counties) approximately benefiting 1,756 veterans; and
- North Dakota Department of Veterans Affairs (\$379,612.50 for 36 counties in N.D.) approximately benefiting 5,477 veterans.

VA Provides Guidance to Same-Sex Married Couples

Courtesy VA

WASHINGTON -- After close consultation with the Department of Justice (DOJ), the Department of Veterans Affairs (VA) is providing guidance to same-sex married couples on the benefits and services to which they are entitled under current laws and regulations.

“VA worked closely with DOJ to develop guidance to process cases involving same-sex marriages and to implement necessary changes swiftly and smoothly in order to deliver the best services to all eligible veterans,” said Acting Secretary of Veterans Affairs Sloan D. Gibson.

The U.S. Supreme Court overturned section 3 of the Defense of Marriage Act (DOMA), which governed the definitions of “marriage” and “spouse” for all federal agencies. However, there remain certain provisions of federal law governing veterans’ benefits and services that, like DOMA, define a spouse as a member of the opposite sex. In September 2013, the U.S. Attorney General announced President Obama’s directive to cease enforcement of those VA-specific definitional provisions.

However, another provision of the law governing VA – 38 U.S.C. § 103(c) – requires the Department to look to the place of residency rather than the place of celebration to determine whether a veteran’s marriage is recognized for the purposes of VA benefits. This statutory requirement to look at the laws governing marriage in the place where the veteran or veteran’s spouse resided at the time of the marriage or at the time they filed their claim or application precludes VA from recognizing certain same-sex marriages, such as when a couple has never lived in a state that recognizes same-sex marriages. VA has worked with DOJ to develop guidance to process claims and applications for same-sex married couples while still following the statutory require-

ment to look to the place of residency.

VA is committed to treating all veterans and their spouses as equally as possible under the law. Since the Windsor decision, VA has worked with DOJ to develop guidance to process claims and applications for same-sex married couples while still following the statutory requirement to look to the place of residency. Importantly, the administrations within VA will aim to apply the same level of scrutiny to all veterans’ marriages, regardless of whether it is a same-sex or opposite-sex marriage. VA will therefore process claims and applications involving same-sex marriage in the same manner that VA processes claims based on opposite-sex marriage without any additional scrutiny or development. This means generally that VA will accept a claimant or applicant’s assertion that he or she is married as sufficient evidence to establish a veteran’s marriage for the purpose of VA benefits. VA has made efforts to ensure that claimants will not be negatively impacted as a result of the time that has passed while developing this guidance.

VA is now processing all claims and applications involving same-sex marriages that were previously being held by the program offices. VA launched a new website and is continuing to update forms to inform veterans and beneficiaries of the recent changes in the law and procedures. The new website provides important information to help veterans and beneficiaries understand the eligibility requirements under federal law and VA regulations, and answers frequently asked questions.

“Our commitment to provide all eligible veterans and their families with their earned care and benefits will continue to be our focus as VA begins recognizing same-sex marriages to the extent the law will allow.” Gibson said. “We will work with lawmakers to address the changes that are necessary to allow all veterans and their families to access the benefits they have earned and deserve.”

Veterans can learn more about VA’s guidance regarding same-sex marriages at <http://www.va.gov/opa/marriage/> or by reaching out to one of our Call Centers at 1-800-827-1000.

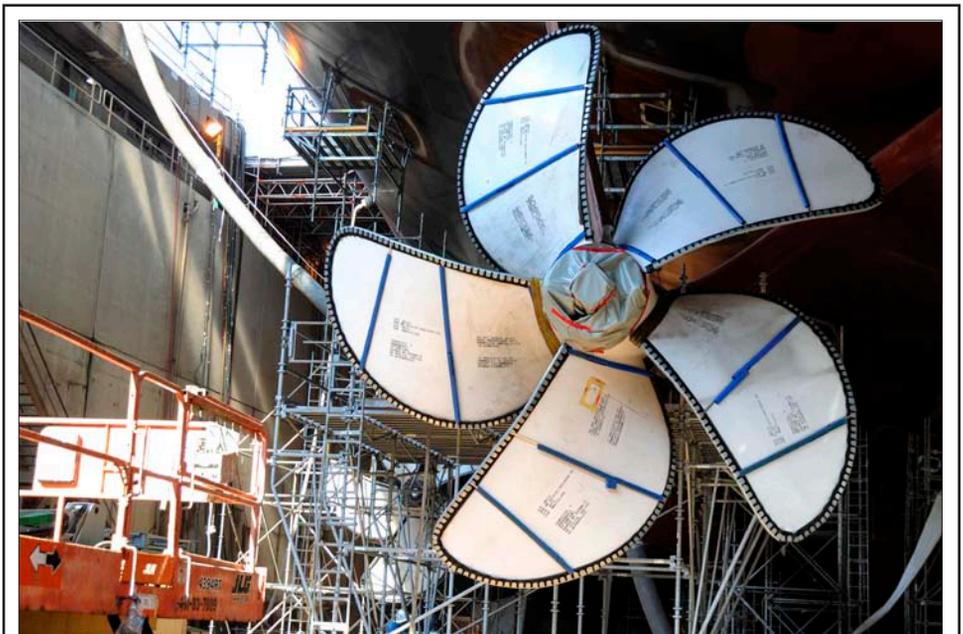


Photo by Mass Communication Specialist Seaman Apprentice Theodore Quintana

Shipyard workers re-install the portside screw on the aircraft carrier USS Dwight D. Eisenhower (CVN 69).

ABA Pilot Coverage Extended to Dec. 31

Courtesy TRICARE

The law creating the TRICARE Applied Behavior Analysis (ABA) Pilot expired July 24, but TRICARE has extended this coverage until Dec. 31 when beneficiaries will transition to the new TRICARE Autism Care Demo (ACD). This ensures no beneficiaries receiving ABA will have a gap in coverage.

The ACD kicked off on July 25, but doesn't go into effect until the end of the year. TRICARE will use the time to flesh out all the details of the program and fully educate affected beneficiaries about the new benefit. The delay also allows beneficiaries in each of the three current ABA programs to transition to this single unified benefit.

Beneficiaries covered under the ABA Pilot, the ABA Demo and TRICARE Basic coverage of ABA don't need to do anything to continue their coverage. They, as well as any new enrollees, will transition seamlessly to the ACD, and TRICARE will work with their ABA providers to get new referrals and authorization once it is needed.

To learn more about the TRICARE ABA coverage, and to sign up for updates on the ACD, visit www.tricare.mil/ACD.



Photo by Mass Communication Specialist 3rd Class Jermaine M. Ralliford

Hull Maintenance Technician 3rd Class Hanna Miller, from Co-shocton, Ohio, practices vertical welding in the repair shop aboard the aircraft carrier USS Dwight D. Eisenhower (CVN 69). Dwight D. Eisenhower is undergoing a scheduled docking planned incremental availability at Norfolk Naval Shipyard.

Have Health Questions? Call the TRICARE Nurse Advice Line

Courtesy TRICARE

Sometimes it's hard to know when to seek medical help for urgent health problems. Having access to a trusted medical professional at a moment's notice is invaluable. The new TRICARE Nurse Advice Line (NAL) does just that. TRICARE beneficiaries in the continental United States, Alaska and Hawaii can get health advice by calling the NAL, toll-free and 24/7. The NAL number is 1-800-TRICARE (874-2273).

The NAL is a team of registered nurses who answer urgent healthcare questions. They give beneficiaries professional medical advice to help decide whether self-care is the best option, or they should see a healthcare provider. They will recommend if it's ok to wait

for care, or if beneficiaries should seek urgent or emergency care. There is always a live person on the line to answer health questions.

The NAL has pediatric nurses to answer children's health questions. If follow-up to the child's care is needed or requested, the NAL will call back to check on them a few hours later. The NAL can also help beneficiaries find the closest medical care if they need it.

When beneficiaries call the NAL, a representative checks their eligibility in the Defense Enrollment and Eligibility Reporting System. Beneficiaries with an urgent health care concern or question speak to a registered nurse who asks the beneficiary a series of standard questions to recommend the next steps and give them best advice possible.

The NAL can also make appointments at military hospitals and clinics for TRICARE Prime beneficiaries enrolled to those facilities. The appointment feature of the NAL is being phased in for Prime enrollees to military hospitals and clinics between April 25 and June 27, 2014. If you are a Prime MTF enrollee, please consult your MTF for the date you can use this feature of the NAL. Prime MTF enrollees can currently use the health advice feature of the NAL.

Beneficiaries can still call their PCM or clinic for medical advice and appointments. The NAL is a new and easy option for beneficiaries to access care quickly at any time. To access the NAL dial 1-800-TRICARE (874-2273) and select option 1.

DARPA Implants to Help TBI Memory Loss

By Terri Moon Cronk

DoD News, Defense Media Activity

WASHINGTON – The Defense Advanced Research Projects Agency is working to develop wireless, implantable brain prostheses for service members and veterans who suffer memory loss from traumatic brain injury.

Called neuroprostheses, the implant would help declarative memory, which consciously recalls basic knowledge such as events, times and places, DARPA officials said.

To overcome such memory deficits, “these neuroprosthetics will be designed to bridge the gaps in the injured brain to help restore that memory function,” said Dr. Justin Sanchez, DARPA Restoring Active Memory Program manager. “Our vision is to develop neuroprosthetics for memory recovery in patients living with brain injury and dysfunction.”

The neuroprosthetics developed and tested over the next four years would be as a wireless, fully implantable neural-interface medical device for human clinical use, Sanchez explained.

Each year in the United States, traumatic brain injury affects about 270,000 service members and another 1.7 million civilians, he said.

“The traumatic brain injury is really a very devastating injury,” said Dr. Geoffrey Ling, an Iraq and Afghanistan war veteran who worked in both war zones

“One of the biggest consequences of [TBI memory loss] is the ability to do normal functions. How is somebody going to have their livelihood if they can’t remember how to do simple tasks?”

- Dr. Geoffrey Ling

studying TBI for former Joint Chiefs of Staff Chairman Navy Adm. Mike Mullen.

“One of the biggest consequences of [TBI memory loss] is the ability to do normal functions,” Ling said. “How is somebody going to have their livelihood if they can’t remember how to do simple tasks?”

DARPA’s neuroprostheses development is expected to yield “remarkable” benefits for service members and for civilians throughout the world, Ling noted. “Right now our focus here is on those injured service members.”

In broad funding terms, the implant development would involve assistance from the University of Pennsylvania, which has been selected for an award of up to \$22.5 million, a University of California, Los Angeles team, with an award of \$15 million, and Lawrence Livermore National Laboratory, with up to \$2.5 million, Sanchez said.

The effects of traumatic brain injury

are profound, Ling said.

“[TBIs] typically result in a reduced ability or capacity to form new memories or even to produce or recall memories,” Ling said, adding that existing treatment options are “very few.”

In addition to extending options for injuries and treatment, Sanchez added, “ultimately, we would like to help find solutions for the emotional, social and economic aspects of those injuries.”

Huge technological and scientific challenges need to be overcome to deliver such medical therapies to injured service members and veterans, he said. They include new medical hardware to interface with the brain and computational models that allow clinicians to interface with the circuits of the brain that produce memory formation and recall, he said.

While development of the implant encompasses four years, Sanchez said one of the goals is to start phasing in some early prototype devices the first year and to collect data to guide more complex parts later in the project.

“This is a truly remarkable period of time,” Sanchez said. “To think about how we are going to learn about memory in the human brain, to think about the potential for developing those next generation medical neuroprosthetic devices that can provide new options for our injured military personnel, is truly remarkable.”

Social Security Launches Expedited Veteran Disability Process

From an SSA News Release

WASHINGTON – Social Security claims from veterans with a Veterans Affairs Department disability compensation rating of 100 percent permanent and total have a new process that will treat their applications as high priority and issue expedited decisions.

Carolyn W. Colvin, acting Social Security commissioner, said the new process is similar to the way the agency currently handles disability claims from wounded warriors.

“We have reached another milestone for those who have sacrificed so much for our country and this process ensures they will get the benefits they need quickly,” Colvin said.

“While we can never fully repay them for their sacrifices, we can be sure we provide them with the quality of service that they deserve. This initiative is truly a lifeline for those who need it most,” she added.

To receive the expedited service, veterans must tell Social Security they have a VA disability compensation rating of 100 percent permanent and total and must show proof of their disability rating with their VA notification letter.

The VA rating only expedites Social Security disability claims processing and does not guarantee an approval for Social Security disability benefits. Veterans still must meet the strict eligibility requirements for a disability allowance.

Managing Retirement Pay: Keep Your Information Current

Courtesy DFAS

You'd notice if your banking information was wrong, wouldn't you?

Probably, but there's a lot of other important information to keep updated to make sure you're getting all the retired pay you deserve. Keep your information current so that DFAS can get in touch with you if there's a problem on your account. Don't let anything slip through the cracks!

The key to effective day-to-day management of your retirement pay is creating and maintaining a myPay account. myPay is the most important tool for managing your pay. For retirees and annuitants, there is nothing more important than creating, using and maintaining the security of your myPay account.

Here's a list of things to check at least once a year.

Update your address

You might be surprised to learn that we get a lot of returned mail. If you've moved and haven't told DFAS, they won't know how to reach you. From an audit of your account to a returned payment, lots of things come up that DFAS needs to contact our members about. Make sure there is a way of reaching you that is current and correct! Log in to your myPay account and view your correspondence address as part of your annual account check-up.

For more ways to update your contact information, consult our website at <http://www.dfas.mil/retiredmilitary/manage/changeofaddress.html>.

Update your email address

Make sure DFAS has an email on file for you and that it is current. Email is the easiest and fastest way to communicate with members. If your email address is on file, you will hear news faster and get more details when it arrives. So go paperless and stay in the know!

Take a minute to check and make

sure your addresses are current. At the bottom of your myPay account menu, select "Email Address" to view the email addresses you have on file with us. Make sure you indicate the primary email address you want to use, and check the box to indicate if the address is still valid. Delete any old email addresses you no longer use.

Check your state and federal income tax withholding

If your income changes or if you move to another state, you should look at any federal or state income tax withholding information we have in your account.

Don't wait until April 15 to discover DFAS has been deducting taxes for a state you no longer have to file in!

You can verify and update your tax withholding information yourself in myPay. Click on your Federal Withholding to see if your marital status and number of exemptions are correct. Then click on your State Withholding to make sure both the state and the amount are what you want.

Review your allotments

Review your allotments at least once a year. Check each allotment and your allotment amounts. Make sure each allotment is current and the amount is correct. If you need to stop, start, or change an allotment, see our instructions in this issue on how to update allotments using myPay <http://www.dfas.mil/retiredmilitary/manage/allotments.html>.

Finally, please keep in mind that not all allotments are listed in myPay. Some common allotments that are not shown on myPay include Delta Dental, Tricare and NSGLI, all of which are listed in your latest eRAS. As part of your yearly audit, you should review your monthly eRAS and verify any allotments that you can't change on myPay by contacting that company or organization directly.

Have there been changes in your family?

When you get married, lose a spouse or have children, the change can affect a lot on your account. From federal income tax withholding to Survivor Benefit Plan costs, the amount of retired pay you receive each month can change.

If there have been any changes in your family, please send a copy of the official documentation (marriage license, divorce decree, death certificate or birth certificate), as well as a request for how you want to update your account to DFAS and they'll get things the way they need to be.

Always notify DFAS as soon as possible about a major life change. You can fax your documents to 1-800-469-6559 or mail them to:

DFAS
PO Box 7130
London, KY 40742-7130.

Always make sure your Social Security Number is clearly visible on the document so they will know whose account to update.

Check your beneficiary designations

Lastly, who have you chosen as a beneficiary for any arrears of retired pay when you die? Make sure you're still satisfied with your designation and check your address book to confirm that their addresses are up to date.

You can check this information by clicking on the Beneficiary for Arrears link in myPay. Now you can even make changes to your designations and update their address information through myPay.

So pick a date! It doesn't matter if it's your retirement date, birthday or the first of the year. Set a yearly reminder to look over your account to make sure you're playing it safe!

2014 Retiree Appreciation Days

Alabama

Redstone Arsenal, AL; Sept. 18-20; 256-876-2022
Fort Rucker, AL; Oct. 31; 334-255-9124

Belgium

USAG Benelux, BE; Oct. 4; 0032-65-44-6293

California

NAS Lemoore, CA; Sept. 13; 559-998-4038
Retiree Seminar-NB San Diego, CA**; Nov. 1&2; 858-277-4259\619-556-7788

Colorado

Colorado Springs, CO; Sept. 26; 719-622-9622
Colorado Springs, CO; Oct. 24; 719-622-9622

Delaware

Dover AFB, DE; Oct. 4; 302-677-4612\547-3464

District of Columbia

JB Andrews\Anacosta\Bolling, DC; Oct. 25; 301-981-2726\202-767-5244

Florida

Retiree Seminar - NAS Pensacola, FL; Oct. 18; 850-452-5622

Georgia

Fort Gordon, GA; Sept. 27; 706-791-2654
Robins AFB, GA; Sept. 27; 478-926-0193\9879
Retiree App Week - Moody AFB, GA; Oct. 26 – Nov. 1; 229-257-3209
Fort Benning, GA; Nov. 7&8; 706-545-1805
Georgia Army NG - Marietta, GA; Dec. 11; 678-569-5732

Germany

Kaiserslautern/Ramstein, GE; Oct. 15; 0049-0631-411-8405\8838
USAG Stuttgart, GE; Oct. 23; 0049-07031-15-2010\3442
USAG Wiesbaden, GE; Oct. 25; 0049-0611-705-7668\5338

Guam

Andersen AFB, GU; Nov. 15; 671-366-2574

Hawaii

Schofield Bks RAD (at Ft. Shafter), HI; Sept. 13; 808-655-1514
Joint Base Harbor/Hickam, HI; Nov. 1; 808-474-0032

Iceland

NASKEF Reunion-Keflavik, IC**; Sept. 5-7; 354-586-1310

Idaho

Boise, ID (Air NG RAD); Sept. 7*; 866-482-7343\208-272-5755
Lewiston Armory, ID **, Sept. 19; 866-482-7343\208-272-5755
Twin Falls Armory, ID**; Sept. 24; 866-482-7343\208-272-5755
Pocatello Armory, ID**; Sept. 25; 866-482-7343\208-272-5755
Idaho Falls Armory, ID**; Sept. 26; 866-482-7343\208-272-5755

Illinois

Scott AFB, IL; Sept. 26-27; 618-256-5092
Rock Island Arsenal, IL**; Oct. 25; 563-508-5123\563-445-0191

Italy

USAG Vicenza, IT; Oct. 17; 0039-0444-71-7262

Japan

Camp Zama, JA; Sept. 19; (DSN) 315-263-3940
Misawa AB, JA; Oct. 4; (DSN) 315-226-4428\5675

Kansas

Fort Riley, KS; Oct. 24; 785-239-3320
Fort Leavenworth, KS; Oct. 25; 913-684-5583\2425

Kentucky

Fort Campbell, KY; Sept. 27; 270-798-5280\3310
Fort Knox, KY; Oct. 31 – Nov. 1; 502-624-4641\4315\1765

Korea

Camp Humphreys, KOR; Oct. 18; 010-3176-1696
Daegu, KOR; Nov. 1; (DSN) 315-723-3735
Yongsan, KOR; Nov. 15; (DSN) 315-723-3735

Louisiana

Fort Polk, LA; Oct. 25; 337-531-0402

Maryland

Fort Meade, MD; Sept. 26; 301-677-9600\9603\9434

Aberdeen Proving Ground, MD; Oct. 18; 410-306-2322\2320
Fort Detrick, MD; Nov. 6; 301-619-9948

Michigan

Selfridge ANG Base, MI**; Sept. 20; 586-239-5580

Minnesota

MACV StandDown - Bemidji, MN; Sept. 24; 218-722-8763
MACV StandDown - Grand Rapids, MN; Sept. 25; 218-722-8763
Duluth\Twin Ports, MN**; Sept. 26; 715-398-3152
Joint RAD - Mystic Lake, MN**; Sept. 27; 800-262-7799\952-445-9000
MACV StandDown - Marshall, MN; Oct. 14; 507-345-8258
MACV StandDown - Mankato, MN; Nov. 12; 507-345-8258

Missouri

Fort Leonard Wood, MO**; Sept. 5&6; 573-596-0947
Whiteman AFB, MO; Oct. 4; 660-687-6457\800-303-5608

Nebraska

Offutt AFB, NE; Oct. 19; 402-294-4566\2590

Nevada

Nellis AFB, NV; Sept. 13; 702-652-8712\898-1888

New Jersey

JB McGuire-Dix-Lakehurst, NJ; Sept. 27; 609-562-2666

New York

Mil Appreciation Day - Plattsburgh, NY; (TBA) Sept.; 800-424-2969\518-563-9479
Fort Drum, NY; Sept. 24; 315-772-6434\6339
Fort Hamilton, NY; Sept. 27; 718-630-4552

North Carolina

MCCS Camp Lejeune, NC; Sept. 27; 910-451-0287

North Dakota

Minot AFB, ND; Sept. 12; 701-723-3440\701-240-0240

Oklahoma

Fort Sill, OK; Sept. 19-21; 580-442-2645

Ohio

Wright-Patterson AFB, OH; Oct. 24; 937-257-3221

Pennsylvania

Carlisle Barracks, PA**; Oct. 11; 717-245-4501

South Dakota

Ellsworth AFB, SD; Sept. 5; 605-385-3600

Tennessee

NSA Mid-South, TN; Sept. 20; 901-764-5147

Texas

Fort Sam Houston, TX; Sept. 27; 210-221-9004\671-2728\652-6880
JB Ellington Field-Houston, TX; Oct. 11; 210-221-9004
Fort Hood, TX; Oct. 31 – Nov. 1; 254-287-5210
Buffalo Gap MAD - Abilene, TX; Dec. 21; 325-572-3365

Thailand

(ACS) Pattaya; Oct. 8; 02-205-4049
(ACS) Udon Thani; Oct. 15; 02-205-4049
(ACS) Phuket; Oct. 22; 02-205-4049

Utah

Hill AFB, UT; Sept. 26; 801-777-5735

Vermont

Camp Johnson - Colchester, VT; Oct. 18; 802-338-3137\3138

Virginia

Fort Belvoir, VA; Sept. 12; 703-806-4551
Fort Lee, VA; Sept. 27; 804-734-6555
JB Myer-Henderson Hall, VA; Oct. 10; 703-696-5948
JEB Little Creek/Fort Story, VA; Nov. 1; 757-462-8633

Washington

Fairchild AFB, WA; Sept. 5; 509-247-5359

Wisconsin

Fort McCoy, WI**; Sept. 5; 608-388-3716

* = Tentative Date(s)

** = Registration\RSVP Requested For Some Events.

Reunion 2014	Date	Phone Number	E-mail/Web address
Cargo Handling Battalion 6	Nov. 7-10	(757) 253-6444	chb.sixreunion@gmail.com
Destroyer Leaders Association USS NORFOLK (DL 1), USS MITSCHER (DL 2/DDG 35), USS JOHN S MC-CAIN (DL 3/DDG 36), USS WILLIS A LEE (DL 4), USS WILKINSON (DL 5)	Aug. 26-29	(401) 635-8860	mjbugara@hotmail.com
Marine Air Groups WWII - present	Oct. 1-4	(417) 535-4945 (636) 327-5854	james.m.jordan@hughes.net mbobsue13@gmail.com
Mine Division 113 Vietnam	Sept. 18-21	(651) 455-1876	MineDiv113Reunion@msn.com
Naval Training Center Bainbridge	Oct. 2-5	(540) 345-5826	de585@cox.net www.usntcb.org
USS AGERHOLM (DD 826)	Oct. 2-5	(618) 375-6011	dab315@frontier.com ussagerholm.org
USS ALAMO (LSD 33)	Sept. 25-27	(314) 954-2060	www.ussalamo.com
USS BARRY (DD 933)	Oct. 30 - Nov. 2	(281) 530-1122	larrydd933@yahoo.com
USS BASILONE (DDE/DD 824)	Sept. 14-20	(530) 621-3914	jwgoodspeed@gmail.com www.uss-basilone-dde-dd824.org
USS BERKELEY (DDG 15)	Sept. 25-28	(408) 656-3879	alphawhiskey.ddg15@yahoo.com www.ussberkeley.com
USS BEXAR (APA 237)	Sept. 18-21	(360) 373-1093	ussbexar@comcast.net
USS BON HOMME RICHARD (CV/CVA 31) Ship's Company and Air Group, and USS BON HOMME RICHARD (LHD 6)	Sept. 11-13	(417) 684-1358	
USS BRYCE CANYON (AD 36)	Oct. 16-19	(619) 562-5690	thenexx@cox.net
USS CANBERRA (CA 70, CAG 2)	Oct. 8-12	(740) 423-8976	usscanberra@gmail.com
USS CONCORD (AFS 5)	Oct. 9-12	(502) 424-4430	www.ussconcord.org
USS CONSTANT (MSO 427)	Oct. 3-5	(816) 689-6019 (816) 646-1490	garyblack427@aol.com
USS COURTNEY (DE 1021), USS CROMWELL (DE 1014), USS DEALEY (DE 1006), USS HARTLEY (DE 1029), USS JOHN WILLIS (DE 1027), USS JOSEPH K TAUSSIG (DE 1030), USS LESTER (DE 1022), USS VAN VOORHIS (DE 1028)	Sept. 4-7	(508) 248-5072	marc-a@charter.net
USS CURRENT (ARS 22)	Sept. 11-14	(317) 996-2759 (317) 908-6886	brickletter@yahoo.com usscurrent@aol.com
USS ELOKOMIN (AO 55)	Sept. 23-26	(617) 288-3755	theeloman@verizon.net
USS EPPING FOREST (LSD 4, MCS 7)	Sept. 11-15	(360) 673-5943 (360) 430-6538	maryfranklin7@icloud.com
USS GRAFFIAS (AF 29) and all fleet Afs	Sept. 8-12	(540) 442-0007	john_w_morrow@yahoo.com
USS GRENADIER (SS 525)	Sept. 11-14	(800) 418-9195	rcrri@emarbqmail.com
USS HALIBUT (SSGN/SSN 587)	Oct. 5-9	(863) 439-2910	paulking@tampabay.rr.com www.usshalibut.com
USS HALSEY POWELL (DD 686)	Sept. 29 - Oct. 3	(435) 881-6675	halsey.powell@comcast.net
USS HECTOR (AR 7)	Sept. 24-28	(217) 725-2314	egemberl@sbcglobal.net www.usshector.com
USS HENLEY (DD 762)	Sept. 3-7	(949) 362-0146	ffabro@sbcglobal.net
USS HOLDER (DD/DDE 819, DE 401)	Sept. 21-25	(831) 458-9062	ussholder_dde819@hotmail.com www.ussholder.com

USS HORNET (CV 8, CV/CVA/CVS 12)	Sept. 9-14	(814) 224-5063	hornetcva@aol.com www.usshornetassn.com
USS HULL (DD 945/350)	Oct. 21-23	(619) 435-3978	www.usshullassociation.org
USS HUNLEY (AS 31)	Sept. 11-14	(319) 266-3509	jjfitkin@netins.net
USS HUNTINGTON (CL 107)	Sept. 25-28	(512) 926-7008	evolcik@aol.com
USS HUSE (DE 145)	Sept. 28 - Oct. 1	(561) 368-7167	usshuse@gmail.com
USS INCHON (LPH/MCS 12)	Oct. 12-16	(717) 203-4152	ussinchon@gmail.com www.ussinchon.com
USS INGERSOLL (DD 652/990)	Sept. 5-7	(979) 676-0612	oldsailor62@gmail.com www.uss-ingersoll-vets.com
USS IWO JIMA (LPH 2, LHD 7)	Aug. 27-31	(757) 723-0317	yujack46709@gmail.com ussiwojimashipmates.cfns.net
USS JOHN R CRAIG (DD 885)	Sept. 24-28	(734) 525-1469	jemail@ameritech.net www.ussjohrcraig.net
USS JOHN R PIERCE (DD 753)	Oct. 13-16	(302) 645-4538	gmsndd753@aol.com
USS JONAS INGRAM (DD 938)	Oct. 23-26	(973) 627-7491	prpenn@rcn.com
USS JOSEPH STRAUSS (DDG 16)	Sept. 4-7	(719) 488-4443	jazhansen@msn.com
USS L Y SPEAR (AS 36)	Sept. 3-7	(913) 677-1837	pattykelso@usslyspear.org www.usslyspear.org
USS LAFFEY (DD 724)	Sept. 28 - Oct. 2	(856) 423-4263	jill.michel@comcast.net www.laffey.org
USS LEARY (DD/DDR 879)	Sept. 17-21		
USS LEYTE (CV 32)	Oct. 8-12	(732) 727-5993	leyte1956@aol.com
USS LYMAN K SWENSON (DD 729)	Sept. 4-7	(931) 296-0881	
USS MADDOX (DD 731/622/168)	Sept. 10-14	(262) 679-9409	maddox64@aol.com
USS MEREDITH (DD 434/726/890)	Oct. 29 - Nov. 26	(740) 774-3894	dk62@roadrunner.com
USS MIDWAY (CV 41), USS FRANKLIN D ROOS- EVELT (CV 42) squadrons and shipmates	Aug. 23-31	(859) 689-7001	www.squadrons-shipmates-of-the-fdr- midway.com squadronsmates@aol.com
USS MISSISSIPPI (EAG 128)	Sept. 25-28	(910) 256-6173	eag128reunion@yahoo.com
USS MOUNT MCKINLEY (AGC/LCC 7)	Sept. 17-21	(509) 534-3649	djanzen4@msn.com
USS OKLAHOMA CITY (CL 91, CG/CLG 5, SSN 723)	Sept. 23-28	(620) 399-3999 (813) 468-8379	www.ussokcity.com
USS PERKINS (DD 26/277, DDR 877)	Sept. 10-14	(903) 227-1852	jackaloperancher@msn.com
USS PICKAWAY (APA 222)	Sept. 18-21		sailor@catt.com
USS PROTEUS (AS 19)	Oct. TBD	(619) 237-1314	subdiver5311@earthlink.net
USS RANDOLPH (CV/CVA/CVS 15)	Sept. 21-28	(321) 454-2344	
USS REMORA (SS 487)	Sept. 3-5	(949) 300-8619	phillip@prsgp.biz www.ussremora.com
USS ROBINSON (DD 562)	Sept. 11-14	(281) 474-0558	ajbowne@yahoo.com
USS SACRAMENTO (AOE 1)	Sept. 25-29	(805) 440-8354	jrrouleau@sbcglobal.net
USS SALISBURY SOUND (AV 13)	Sept. 7-11	(505) 293-3841	brubru@comcast.net salisbury-sound.org
USS SAM HOUSTON (SSBN/SSN 609)	Sept. 11-13	(302) 764-1197	howardvaldobson@verizon.net www.ussamhouston.org
USS SARATOGA (CV 3, CVA/CA 60)	Sept. 25-27	(877) 360-SARA	

USS SCHOFIELD (DEG/FFG 3)	Sept. 18-21	(413) 773-3211	gunnerfletch@hotmail.com
USS SHENANDOAH (AD 26)	Oct. 9-12	(203) 494-6661	tbdurand@att.net
USS SKAGIT (AKA 105)	Sept. 22-27	(502) 477-0876	mbneal@twc.com
USS STODDARD (DD 566)	Sept. 24-27	(573) 225-7959	aplapp@ims-1.com
USS TAKELMA (ATF 113)	Sept. 4-7	(651) 455-1876	richard_rosemary@msn.com
USS TAYLOR (DD/DDE 468)	Sept. 21-25	(804) 212-8911	oneillfalm@aol.com
USS TERROR (CM 5)	Sept. 21-28	(321) 454-2344	
USS TIRU (SS 416)	Sept. 25-28		2014reunion@usstiru.org usstiru.org
USS VOGUE (DE/FF 1047)	Oct. 8-12	(501) 259-1369	ussvogegroup@gmail.com janharris23464Wgmail.com
USS VON STEUBEN (SSBN 632) 50th Anniversary	Sept. 25-28		www.ssb632reunion.org
USS WATKINS (DD 723)	Sept. 14-18	(920) 788-4916	rwilliamson@new.rr.com
USS WALLACE L. LIND (DD 703)	Oct. 2-6	(585) 377-1563	hdcapple@gmail.com
USS WARRINGTON (DD 843)	Sept. 17-21	(916) 791-6700	stashuman843@msn.com
USS WEXFORD COUNTY (LST 1168)	Oct. 9-12	(314) 994-1187	wexford.county.reunion@aol.com
USS WILHOITE (DE/DER 397)	Sept. 28 - Oct. 2	(423) 261-2202 (423) 368-2911	rockbill9@gmail.com www.usswilhoite.org
USS LAKE CHAMPLAIN (CV/CVA/CVS 39)	Sept. 11-14	(732) 928-8355	goat1964@aol.com
Vappers - VAP 61/62	Oct. 22-26	(660) 259-4546	donna.sims.1969@gmail.com
VF-213	Oct. 10-12	(501) 915-9638	vf-213reunion2014@att.net
VR-21	Oct. 20-23	(904) 707-5568	gadcpa@comcast.net
Reunion 2015			
ASR/ARS Association	Oct. 5-9	(502) 477-0876	mbneal@twc.com
NSA/NSF DaNang	April 20-25	(502) 477-0876	mbneal@twc.com
USS SKAGIT (AKA 105)	Sept. 28 - Oct. 3	(502) 477-0876	mbneal@twc.com
USS TUSK (SS 426)	Sept. 24-27	(860) 739-2065	ata245@sbcglobal.net

PAYMENTS from Page 1

into account the PEB, VA and CRSC percentages. CRSC pay can never exceed what would have been the years of service (YOS) retired pay amount, but can be much less and sometimes zero. CRSC pay is not taxed. Medical retirees can go to <http://www.dfas.mil/militarymembers/woundedwarrior/disabledretireest.htm> to determine the approximate CRSC pay they will receive.

Applicants may apply for CRSC under one of four categories: 1) Direct result of Armed Conflict (AC), 2) while engaged in Hazardous Service (HS), 3) in the performance of duty under conditions Simulating War (SW), and 4) disabilities resulting from the operation of an Instrumentality of War (IN).

In order for a CRSC claim to be ap-

proved, there must be a direct causal relationship between the armed conflict or training exercise that simulates war and the resulting disability. The CRSC board makes combat-related determinations only on VA rated service connected disabilities. Slips, trips, and falls, lifting heavy objects, as well as physical training, are not combat-related disabilities. The fact that a veteran incurred a disability during a period of war or simulated war; or in an area of armed or simulated conflict, or while participating in combat or simulated combat operations; is not sufficient to support a combat-related determination. Only the CRSC Board for each branch of service is authorized to make combat-related determinations.

Combat Zone (CZ) notations in VA and PEB documents are not combat related determinations.

A reconsideration request to the CRSC Board is required if your VA rating percentage increases due to the VA approval of a new or unclaimed disability. <http://www.public.navy.mil/asnmra/corb/CRSCB/Pages/CRSCB%20main%20page.aspx>

Please review the CRSC website prior to applying or contacting the Board at <http://www.public.navy.mil/asnmra/corb/CRSCB>. The primary means of communication with the DoN CRSC Board is by email at: CRSC@navy.mil If you want a call, send an email with your phone number.

Retiree checklist: What survivors should know

Shift Colors periodically provides a checklist for retirees and their family members. This checklist is designed to provide retirees and their loved ones with some help in preparing for the future. The checklist is not all-inclusive and should be used with other estate planning tools.

1. Create a military file.

- Retirement orders
- DD 214
- Separation papers
- Medical records

2. Create a military retired pay file.

- Claim number of any pending VA claims
- Address of the VA office being used
- List of current deductions from benefits
- Name, relationship and address of beneficiary of unpaid retired pay at the time of death
- Address and phone number for DFAS: Defense Finance and Accounting Service
U S Military Retirement Pay
Post Office Box 7130
London, KY 40742 7130
(800) 321-1080 option #3 (for deceased members)

3. Create an annuities file, to include:

- Information about the Survivor Benefit Plan (SBP)
(Additional information regarding SBP annuity claims can be obtained from the DFAS-Cleveland Center office at 1-800-321-1080.)
- Reserve Component Survivor Benefit Plan (RCSBP)
- Retired Serviceman's Family Protection Plan (RSFPP)
- Civil Service annuity

4. Create a personal document file.

- Marriage Records
- Divorce decree
- Adoptions and naturalization papers

5. Create an income tax file.

- Copies of state and federal income tax returns

6. Create a property tax file.

- Copies of tax bills
- Deeds and any other related information.

7. Create an insurance policy file.

- Life Insurance
- Property, accident, liability insurance
- Hospitalization/Medical Insurance

8. Maintain a listing of banking and credit information, in a secure location.

- Bank account numbers
- Location of all deposit boxes
- Savings bond information
- Stocks, bonds and any securities owned
- Credit card account numbers and mailing addresses

9. Maintain a membership listing of all associations and organizations.

- Organization names and phone numbers
- Membership fee information

10. Maintain a list of all friends and business associates.

- Include names, addresses and phone numbers

11. Hold discussions with your next of kin about your wishes for burial and funeral services.

At a minimum the discussion should include cemetery location and type of burial (ground, cremation or burial at sea). This knowledge may assist your next of kin to carry out all of your desires.

12. You could also pre-arrange your funeral services via your local funeral home.

Many states will allow you to pre-pay for services.

13. Investigate the decisions that you and your family have agreed upon. Many states have specific laws and guidelines regulating cremation and burials at sea. Some states require a letter of authority signed by the deceased in order to authorize a cremation. Know the laws in your specific area and how they may affect your decisions. Information regarding Burials at Sea can be obtained by phoning Navy Mortuary Affairs at (866) 787-0081.

14. Once your decisions have been made and you are comfortable with them, have a will drawn up outlining specifics.

15. Ensure that your will and all other sensitive documents are maintained in a secure location known by your loved ones.

Organizations to be notified in the event of a retiree death:

1. Defense Finance and Accounting Service, London, KY
(800) 321-1080
2. Social Security Administration (for death benefits)
(800) 772-1213
3. Department of Veterans Affairs (if applicable)
(800) 827-1000
4. Office of Personnel Management (OPM)
(724) 794-8690
5. Any fraternal group that you have membership with:
e.g., MOAA, FRA, NCOA, VFW, AL, TREA
6. Any previous employers that provide pension or benefits.

Feedback

Our office is always looking to improve on how information is provided to the retired Navy community. Please send suggestions to MILL_RetiredActivities@navy.mil or:

Department of the Navy
OPNAV N135F
Retired Activities Branch
5720 Integrity Drive
Millington, TN 38055-6220

Retired Activities Office Phone Listing

Navy Sponsored RAOs

Arizona

Retired Activities Office
Navy Operational Support Center
14160 W. Marauder St.
Luke AFB, Glendale, AZ 85309
(602) 353-3033
9 a.m. – 1 p.m. (Mon-Fri)

California

Retired Activities Office
Naval Air Weapons Station
Code 75H000D
1 Administration Circle
China Lake, CA 93555-6100
(760) 939-0978
9 a.m. – 3 p.m. (Mon-Fri)

Retired Activities Office
Fleet and Family Support Center
966 Franklin Avenue
Naval Air Station
Lemoore, CA 93246-5001
(559) 998-2977
10 a.m. – 2 p.m. (Thu)

Retired Activities Office
Fleet And Family Support Center
1000 23rd Ave, Bldg. 1169
Port Hueneme, CA 93043
(805) 982-1023
Fax: (805) 982-1037
8 a.m. – 4 p.m. (Mon-Fri)

Retired Activities Office
Naval Amphibious Base
3324 Guadalcanal Road, Bldg. 16
Coronado, CA 92155
(619) 437-2780
9 a.m. – 4 p.m. (Mon-Fri)

Retired Activities Office
Navy Base San Diego
3005 Corbina Alley, Bldg. 259
San Diego, CA 92136-5190
(619) 556-8987
8 a.m. – 4 p.m. (Mon-Fri)

Retired Activities Office
Naval Weapons Station Seal Beach
800 Seal Beach Blvd.
Bldg. 22 Room 2
Seal Beach, CA 90740-5000
(562) 626-7152
9 a.m. – 3 p.m. (Mon-Thu)
9 a.m. – Noon (Fri)

Connecticut

Retired Activities Office
Naval Sub Base, New London
Bldg. 83, Room 172
PO Box 93
Groton, CT 06349-5000
(860) 694-3284
9 a.m. – 3 p.m. (Mon & Wed)

Florida

Retired Activities Office
Naval Air Station, Jacksonville
Fleet and Family Support Center

554 Childs St. Bldg. 876
PO Box 136
Jacksonville, FL 32212-0136
(904) 542-5790
9 a.m. – 3 p.m. (Mon-Fri)
Retired Activities Office
Fleet and Family Support Center
Naval Air Station Whiting
7511 USS Enterprise St. Bldg. 3025
Milton, FL 32570-5000
(850) 623-7215 / 7177

8:30 a.m. – 11:30 p.m. (Mon & Fri)
Call for an appointment
Retired Activities Office
Fleet and Family Support Center
Naval Air Station
151 Ellyson Ave
Pensacola, FL 32508-5217
(850) 452-5622
9 a.m. – 1 p.m. (Mon-Fri)

Hawaii

Retired Activities Office
Fleet and Family Support Center
850 Ticonderoga St. Ste. 100 (RAO)
Pearl Harbor, HI 96860-5101
(808) 474-0032
8 a.m. – 3 p.m. (Mon-Fri)

Louisiana*

Retired Activities Office
Naval Air Station/Joint Reserve Base
New Orleans, LA 70143-5077
(504) 678-2134
9 a.m. – Noon (Mon, Wed-Fri)

Massachusetts

Retired Activities Office
Naval Reserve Center
85 Sea St.
Quincy, MA 02169
(617) 753-4636/26
9 a.m. – Noon
Call for an appointment

Michigan

Retired Activities Office
P.O. Box 450045
Selfridge ANGB MI 48045
(586) 239-5580
(800) 645-9416 ext. 239-5580
9 a.m. – 3 p.m. (Tue-Fri)

Minnesota

Retired Activities Office
Naval Operational Support Center
5905 34th Avenue South
Minneapolis, M 55450
(612) 713-4664
10 a.m. – 2 p.m. (Tue & Thu)

Missouri

Retired Activities Office, St Louis
Naval/Marine Corps Reserve Center
10810 Lambert International Blvd
Bridgeton, MO 63044-2314
(314) 524-9553

9 a.m. – 1 p.m. (Tue)
11:30 a.m. – 1 p.m. (Fri)

New Hampshire

Retired Activities Office
Portsmouth Naval Shipyard
Code 866 Bldg. 22
Portsmouth, NH 03804-5000
(207) 438-1868
10 a.m. – 2 p.m.. (Tue-Thu)

Rhode Island

Retired Activities Office
Naval Station Newport
Bldg. 690 Peary St.
Newport, RI 02841-1522
(401) 841-3030
9 a.m. – Noon (Mon, Wed-Fri)

South Carolina

Retired Activities Office
103 Hill Blvd, Bldg. 503, Rm 122
Joint Base Charleston, SC 29404
(843) 963-2228
9 a.m. – Noon (Mon-Fri)

Tennessee

Retired Activities Office
Fleet and Family Support Center
Bldg. 456, First Floor
NSA Memphis, Code N 763
Millington, TN 38054-5000
(901) 874-5195
10 a.m. – 2 p.m. (Tue & Thu)

Virginia

Retired Activities Regional Office
Fleet and Family Support Center
7928 14th St. Ste. 239
Norfolk, VA 23511
(757) 444-2102
Fax: (757) 445-5326
10 a.m. – 2 p.m. (Mon-Fri)
Retired Activities Office
Joint Expeditionary Base
Little Creek/Fort Story
1450 D Street
Norfolk, VA 23521
(757) 462-8663/7563
10 a.m. – 2 p.m. (Mon-Fri)

Washington

Retired Activities Office
Fleet and Family Support Center
Naval Station Everett
13910 45th Ave NE, Room 818
Marysville, WA 98271
(425) 304-3775/3721
10 a.m. – 1 p.m. (Mon-Fri)
Retired Activities Office
Fleet and Family Support Center
Bldg. #13
Naval Air Station
Whidbey Island
Oak Harbor, WA 98278
(360) 257-8054/55
9 a.m. – 3 p.m. (Mon-Fri)

Retired Activities Office
Fleet and Family Support Center
Bangor

1099 Tautog Circle
Silverdale, WA 98315
1-866-854-0638
Call for an appointment
(Note: Supports Bangor, Kitsap,
Keyport And Surrounding Areas)

Wisconsin

Retired Activities Office
Navy and Marine Corps Reserve
Center
2401 South Lincoln Memorial Dr.
Milwaukee, WI 53207-1999
(414) 744-9766
9 a.m. – 3 p.m. (Mon-Fri)

Navy Sponsored RAO Overseas

Rota, Spain

Retired Activities Office
NS Rota Community Support Bldg.
3293
PSC 819, Box 57
FPA AE 09645-5500
011-34-956-82-3232
1 – 4 p.m. (Mon, Wed, Fri)

Independent Retired Activities

Coordination Offices (IRCOs)**

Florida

Retired Activities Office
VA Lakemont Campus, Rm. 125
VA Building
2500 Lakemont Ave
Orlando, FL 32814
(407) 646-4110/4111/4114

Maine (also serves the Vermont area)

Retired Activities Office
62 Pegasus Street, Suite 101
Unit B, Box 5
Brunswick, ME 04011
(207) 406-4103
9 a.m. – 1 p.m. (Mon-Fri)

New York

Retired Activities Office
25 Baiting Place
Farmingdale, NY 11735
(631)-768-3248
11 a.m. – Noon (Tue, Fri)

IRCO Overseas:

Italy

Retired Activities Office Contact
Via De Amicis #16
07024 La Maddalena
O. T. Italy
Panzanic@Hotmail.Com

* Limited services

** IRCOs are independent retired activities in areas which are geographically isolated from Navy commands or installations.

Ready Reference Contact Information

Air Force Retiree Services: (800) 531-7502; www.retirees.af.mil
Arlington National Cemetery: (703) 607-8000; www.arlingtoncemetery.org

Armed Forces Retirement Home: (800) 422-9988; www.afrh.gov
Army & Air Force Exchange Service: (214) 312-2011; www.aafes.com

Army Retired Services: (703)325-9158; www.armyg1.army.mil/retire

Burial at Sea Information: (866) 787-0081; www.npc.navy.mil

Combat Related Special Compensation:
www.donhq.navy.mil/corb/crscb/crscmainpage.htm

DEERS: (800)-538-9552, Fax: (831) 655-8317;
www.tricare.osd.mil/deers

Defense Commissary Agency: www.commissaries.com

DFAS Casualty Assistance Branch: (800) 321-1080 or (216) 522-5955; (For Reporting a Retiree's death, option #1)

Fleet Reserve Association: (703) 683-1400; www.fra.org

Gulf War homepage: www.gulfink.osd.mil

I.D. Cards Benefits and Eligibility: (866) 827-5672;

www.npc.navy.mil/support/paypers/ID_Cards/Pages

Internal Revenue Service: (800) 829-1040; www.irs.gov

Marine Corps Retired Affairs: (800) 336-4649; www.usmc.mil
(Hover over "Marine Services" then click on "Retired Services")

Medicare: (800) 633-4227. TTY: (877) 486-2048; www.medicare.gov

Military Officers Assoc. of America: (800) 234-6622; www.moaa.org

National Burial Services: (800) 697-6940

NPC Navy Reserve Personnel Management (PERS 9): (866) 827-5672,

www.npc.navy.mil/career/reservepersonnelmgmt/Pages/

Navy Casualty Assistance: (800) 368-3202

Navy Retired Activities Office: (866) U-ASK-NPC (866-827-5672)
MILL RetiredActivities@navy.mil;

www.npc.navy.mil/support/retired_activities/Pages

Navy Uniform Shop: (800) 368-4088; www.navy-nex.com/uniform

Navy Worldwide Locator: (866) U-ASK-NPC (866-827-5672);
www.npc.navy.mil/organization/npc/csc/Pages/NavyLocatorService.aspx

Reserve Component SBP: (866) 827-5672 ask for PERS-912

Retiree Dental — Delta Dental: (888) 838-8737; www.trdp.org

Servicemembers Group Insurance (SGLI): (800) 419-1473;
www.insurance.va.gov

Naval Historical Center: (202) 433-2210; www.history.navy.mil

Social Security Administration: (800) 772-1213; www.ssa.gov

TRICARE: www.tricare.mil

TRICARE North: (877) TRICARE (874-2273); www.hnfs.net/:
CT, DC, DE, IL, IN, KY, MA, MD, ME, MI, NC, NH, NJ, NY, OH,
PA, RI, VT, VA, WI, WV, some zips in IA, MO, TN

TRICARE South: (800) 444-5445; www.humana-military.com:
AL, AR, FL, GA, LA, MS, OK, SC, TN (except 35 TN zips near
Fort Campbell), and TX (except the extreme SW El Paso area)

TRICARE West: (877) 988-WEST (9378); www.uhcmilitarywest.com:
AK, AZ, CA, CO, HI, ID, IA (except 82 zips near Rock
Island), KS, MO (except St. Louis area), MN, MT, ND, NE, NM,
NV, OR, DE, SW TX, UT, WA, WY

TRICARE Overseas: (888) 777-8343; www.tricare.mil

TRICARE For Life: (866) 773-0404; www.tricare.mil/tfl

TRICARE mail order pharmacy: (877) 363-1303;
www.tricare.mil/pharmacy www.express-scripts.com

VA: www.va.gov

Regional offices: (800) 827-1000 (overseas retirees should
contact the American Embassy/consulate), TDD (800) 829-4833

Insurance:

VA Regional Office and Insurance Center

PO Box 7208 (claims inquiries) -ORPO

Box 7327 (loans) -ORPO

Box 7787 (payments)

Philadelphia PA 19101

(800) 669-8477; www.insurance.va.gov

Burial information: (800) 827-1000; www.cem.va.gov

GI Bill: (888) 442-4551; www.gibill.va.gov

Records:

**For replacement DD 214, service records, medical records,
award information:**

Retired prior to 1995: www.archives.gov/veterans/military-service-records

Retired

Retired after 1995:

Navy Personnel Command

PERS-312E

5720 Integrity Drive

Millington, TN 38055-3120

Fax requests to: (901) 874-2664

Gray-area reservists: (866) 827-5672

Navy recreation: www.mwr.navy.mil

Navy Gateway Inns & Suites: <http://dodlodging.net>

ITT: <http://navymwr.org/mwrprgms/itt.html>

Sister service retiree publications:

Air Force Afterburner: www.retirees.af.mil/afterburner

Army Echoes: www.armyg1.army.mil/rso/echoes.asp

Coast Guard Evening Colors: <http://www.uscg.mil/hq/cg1/psc/ras>

Marine Corps Semper Fidelis: www.manpower.usmc.mil/portal/page/portal/M_RA_HOME/MM/SR/RET_ACT/Semper_Fidelis

Pay/SBP Questions: www.dfas.mil

Pay inquiries and update of pay or SBP records in case of
death, divorce or remarriage:

Retiree:

Defense Finance and Accounting Service

U.S. Military Retirement Pay

P.O. Box 7130

London KY 40742-7130

(800) 321-1080, (216) 522-5955

SBP/RSFPP annuitant:

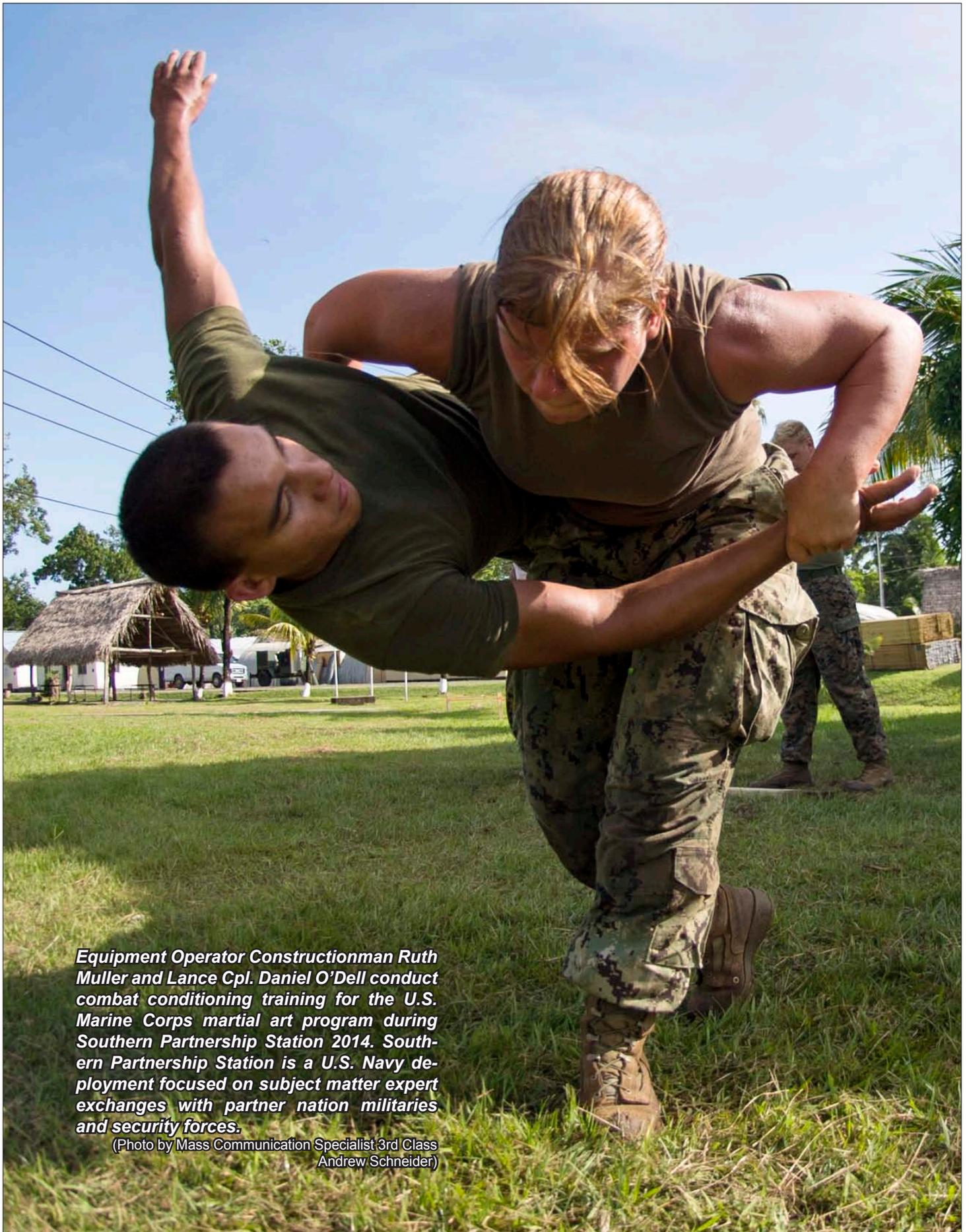
Defense Finance and Accounting Service

U.S. military Annuitant Pay

P.O. Box 7131

London KY 40742-7131

(800) 321-1080, (216) 522-5955



Equipment Operator Constructionman Ruth Muller and Lance Cpl. Daniel O'Dell conduct combat conditioning training for the U.S. Marine Corps martial art program during Southern Partnership Station 2014. Southern Partnership Station is a U.S. Navy deployment focused on subject matter expert exchanges with partner nation militaries and security forces.

(Photo by Mass Communication Specialist 3rd Class Andrew Schneider)